

Individual Best Times (All Time)

Liliana Jackson - (1221068) - Grantham Water Polo Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	44.89	45.40	133	16/04/16	Grantham Grand Prix	Grantham	EM160195	3
100 Freestyle	1:42.29	1:43.10	118	05/06/16	Lincoln Vulcans L3 Short Course Meet	Grantham	EM160421	3
200 Freestyle	3:41.34	3:42.90	123	12/06/16	Grantham Club Championships 2016	Grantham	EM161050	3
50 Breaststroke	55.71	56.30	132	16/04/16	Grantham Grand Prix	Grantham	EM160195	3
100 Breaststroke	1:59.26	2:00.30	142	05/06/16	Lincoln Vulcans L3 Short Course Meet	Grantham	EM160421	3
200 Breaststroke	4:48.21	4:50.00	101	18/07/15	Grantham Club Championships 2015	Grantham	EM151257	4
50 Butterfly	54.71	55.10	88	05/06/16	Lincoln Vulcans L3 Short Course Meet	Grantham	EM160421	3
50 Backstroke	50.33	50.70	126	05/06/16	Lincoln Vulcans L3 Short Course Meet	Grantham	EM160421	3
100 Backstroke	1:51.55	1:52.30	119	05/06/16	Lincoln Vulcans L3 Short Course Meet	Grantham	EM160421	3
200 Individual Medley	4:04.87	4:06.50	123	16/04/16	Grantham Grand Prix	Grantham	EM160195	3
100 Individual Medley	1:50.96	1:51.00	132	12/06/16	Grantham Club Championships 2016	Grantham	EM161050	3