

Individual Best Times (All Time)

Dominic Jones - (1220983) - City Of Ely Amateur Swimming Clu

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.73	32.10	260	06/01/19	BWFSC New Year Meet 2019	London	LR190289	3
100 Freestyle	1:14.70	1:13.60	246	06/01/19	BWFSC New Year Meet 2019	London	LR190289	3
200 Freestyle	2:52.28	2:50.20	207	03/03/18	UEA Norwich March Long Course Open Meet	Norwich	ER180025	3
50 Breaststroke	42.59	41.80	226	08/07/18	BWFSC SUMMER MEET LEVEL 3	LONDON	LR181256	3
100 Breaststroke	1:40.31	1:39.00	182	04/03/18	UEA Norwich March Long Course Open Meet	Norwich	ER180025	3
200 Breaststroke	3:37.75	3:35.30	191	03/03/18	UEA Norwich March Long Course Open Meet	Norwich	ER180025	3
50 Butterfly	50.56	50.20	85	03/03/18	UEA Norwich March Long Course Open Meet	Norwich	ER180025	3
50 Backstroke	42.40	41.90	171	04/03/18	UEA Norwich March Long Course Open Meet	Norwich	ER180025	3
100 Backstroke	1:30.42	1:29.50	185	03/03/18	UEA Norwich March Long Course Open Meet	Norwich	ER180025	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.17	33.80	224	21/10/18	Team Luton Autumn Short Course Meet 2018	Inspire Luton Sports	ER181018	3
100 Freestyle	1:14.84	1:16.00	215	15/07/18	City of Cambridge Jeanne Barker July Open	Cambridge	ER180506	3
200 Freestyle	2:45.50	2:47.60	216	21/10/18	Team Luton Autumn Short Course Meet 2018	Inspire Luton Sports	ER181018	3
400 Freestyle	5:47.82	5:51.80	227	17/11/18	City of Ely Club Winter Championships	Ely	ER182601	4
50 Breaststroke	41.73	42.50	213	09/12/18	Team Luton 2018 Winter Development Meet	Inspire Luton	ER181036	3
100 Breaststroke	1:33.01	1:34.40	209	27/05/18	March Marlins Fenland Open Meet	Manor LC	ER180756	3
200 Breaststroke	3:22.14	3:24.70	210	15/07/18	City of Cambridge Jeanne Barker July Open	Cambridge	ER180506	3
50 Butterfly	40.72	41.20	152	01/09/18	City of Ely Club Autumn Sprint Championships	Ely	ER182277	4
100 Butterfly	1:41.56	1:42.30	104	01/09/18	City of Ely Club Autumn Sprint Championships	Ely	ER182277	4
50 Backstroke	41.90	42.40	146	09/12/18	Team Luton 2018 Winter Development Meet	Inspire Luton	ER181036	3
100 Backstroke	1:31.32	1:32.20	148	02/12/17	Newmarket December Open Meet	Newmarket	ER171739	3
200 Backstroke	3:08.31	3:10.10	176	11/11/17	City of Ely Distance Championships	Ely	ER172343	4
200 Individual Medley	3:12.93	3:15.00	183	10/11/18	City of Ely Club Winter Championships	Ely	ER182600	4
100 Individual Medley	1:22.56	1:22.60	212	01/09/18	City of Ely Club Autumn Sprint Championships	Ely	ER182277	4