## **Individual Best Times (All Time)**

Paris Swallow-Lira - (1219386) - Wycombe District SC

## **Long Course**

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.89	34.30	309	15/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
100 Freestyle	1:16.46	1:15.40	309	16/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
200 Freestyle	2:50.30	2:48.20	290	16/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
50 Breaststroke	47.70	47.00	228	16/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
100 Breaststroke	1:45.40	1:44.20	225	15/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
50 Butterfly	39.08	38.60	244	16/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
100 Butterfly	1:30.07	1:29.20	233	15/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
50 Backstroke	41.26	40.80	275	15/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
100 Backstroke	1:30.28	1:29.40	256	16/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
200 Individual Medley	3:26.46	3:24.50	227	18/02/17	WDSC BC Age Group Long Course Meet 2017	Wycombe	SE170369	3

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.64	34.30	316	25/06/17	The Teamunify Maxwell June Meet	Aylesbury	SE171082	3
100 Freestyle	1:18.86	1:19.90	258	09/07/16	Guildford City July L3 Open Meet	Guildford	SE160979	3
200 Freestyle	3:02.06	3:04.00	222	09/10/16	Berkshire & South Bucks 2016 Development Meet	Bracknell	SE161389	3
400 Freestyle	6:31.32	6:34.90	206	16/06/16	Windsor Club Championships	Windsor	SE161462	4
800 Freestyle	13:34.96	13:42.00	201	09/06/16	Windsor Club Championships	Windsor	SE161461	4
50 Breaststroke	47.20	47.90	217	24/06/17	The Teamunify Maxwell June Meet	Aylesbury	SE171082	3
100 Breaststroke	1:43.26	1:44.50	220	25/06/17	The Teamunify Maxwell June Meet	Aylesbury	SE171082	3
200 Breaststroke	4:01.34	4:03.50	173	08/05/16	Windsor Spring Level 3 Meet	Windsor	SE160877	3
50 Butterfly	38.14	38.60	261	25/06/17	The Teamunify Maxwell June Meet	Aylesbury	SE171082	3
100 Butterfly	1:30.87	1:31.70	210	25/06/17	The Teamunify Maxwell June Meet	Aylesbury	SE171082	3
200 Butterfly	3:55.62	3:57.00	130	10/07/16	Guildford City July L3 Open Meet	Guildford	SE160979	3
50 Backstroke	45.24	45.70	173	09/10/16	Berkshire & South Bucks 2016 Development Meet	Bracknell	SE161389	3
100 Backstroke	1:32.42	1:33.30	209	10/07/16	Guildford City July L3 Open Meet	Guildford	SE160979	3
200 Backstroke	3:23.53	3:25.20	199	09/07/16	Guildford City July L3 Open Meet	Guildford	SE160979	3
200 Individual Medley	3:10.36	3:12.40	262	24/06/17	The Teamunify Maxwell June Meet	Aylesbury	SE171082	3
100 Individual Medley	1:29.08	1:29.10	255	25/06/17	The Teamunify Maxwell June Meet	Aylesbury	SE171082	3

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