

Individual Best Times (All Time)

Maizie Richardson - (1217440) - Llandudno Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.71	29.00	501	26/03/23	York City Baths National Qualifier Meet 2023	Leeds	NE230063	1
100 Freestyle	1:03.66	1:02.30	535	24/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
200 Freestyle	2:19.42	2:16.90	530	03/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
400 Freestyle	4:58.23	4:53.50	491	25/03/23	York City Baths National Qualifier Meet 2023	Leeds	NE230063	1
800 Freestyle	10:08.79	9:59.20	504	04/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
1500 Freestyle	19:21.97	19:04.10	497	06/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
50 Breaststroke	49.86	49.20	200	22/10/17	Neath ASC Open Meet 2017	Swansea	WL171217	3
100 Breaststroke	1:48.83	1:47.70	204	21/10/17	Neath ASC Open Meet 2017	Swansea	WL171216	1
200 Breaststroke	3:35.59	3:33.10	259	30/07/18	Swim Wales Summer Nationals	Swansea	WL180091	1
50 Butterfly	36.77	36.20	293	30/07/18	Swim Wales Summer Nationals	Swansea	WL180091	1
100 Butterfly	1:13.84	1:12.80	424	27/01/24	Rotherham Metro 'A' & 'B' Grade LC Meet 2024	Sheffield	NE240018	3
50 Backstroke	37.49	36.90	367	31/07/19	Swim Wales Summer Nationals	Swansea	WL190050	1
100 Backstroke	1:15.47	1:14.40	438	03/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
200 Backstroke	2:40.55	2:38.50	451	07/05/23	Swansea Aquatic May LC Meet	Swansea	WL230007	1
200 Individual Medley	2:42.16	2:39.70	470	14/04/24	City of Leeds National Qualifier 2024	Leeds	NE240117	1
400 Individual Medley	6:01.39	5:56.50	398	02/08/19	Swim Wales Summer Nationals	Swansea	WL190050	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.23	29.90	482	18/03/23	Swim Conwy Spring Meet 2023	Llandudno	WL230458	3
100 Freestyle	1:01.76	1:03.10	538	09/07/23	Len Thomas Memorial Swim Meet 2023	Llandudo	WL231393	3
200 Freestyle	2:16.73	2:19.20	525	24/09/23	Swim Conwy Closed Invitational Meet 2023	Llandudno	WL231998	3
400 Freestyle	4:43.57	4:48.50	542	19/03/23	Swim Conwy Spring Meet 2023	Llandudno	WL230458	3
800 Freestyle	10:00.10	10:09.70	503	07/02/20	Swim Wales North Regional Championships	Llandudno	WL200032	2
1500 Freestyle	19:18.93	19:36.60	481	24/11/23	Swim Wales Regional SC Championships - North 2023	Llandudno	WL232010	2
50 Breaststroke	43.66	44.40	274	19/10/20	Swim Wales Super Series - Round1, Session1	Swansea	LYX001	0
100 Breaststroke	1:27.58	1:29.00	360	24/09/22	Swim Conwy Invitational Meet	Conwy	WAL619	3
200 Breaststroke	3:22.51	3:25.10	293	05/02/19	Swim Wales North Regional Championships	Llandudno	WL190032	2
50 Butterfly	33.80	34.40	375	19/10/20	Swim Wales Super Series - Round1, Session1	Swansea	LYX001	0
100 Butterfly	1:11.25	1:12.30	436	21/10/23	Swim Conwy Autumn Meet 2023	Llandudno	WL232002	2
200 Butterfly	3:17.92	3:19.50	220	15/09/19	Swim Conwy Closed Invitational	Llandudno	WL192265	3
50 Backstroke	34.63	35.20	387	09/07/23	Len Thomas Memorial Swim Meet 2023	Llandudo	WL231393	3
100 Backstroke	1:12.56	1:13.70	432	11/02/23	Swim Wales North Regional Championships 2023	Llandudno	WL230661	2
200 Backstroke	2:33.95	2:36.10	461	16/10/22	Swim Conwy Autumn Gala	Llandudno	WL221497	2
200 Individual Medley	2:34.36	2:36.90	492	23/09/23	Swim Conwy Closed Invitational Meet 2023	Llandudno	WL231998	3
400 Individual Medley	5:31.20	5:36.50	477	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Individual Medley	1:19.67	1:19.70	356	23/11/20	Swim Wales Super Series - Round 2, Session 1	Swansea	LYX004	0