

Individual Best Times (All Time)

Tomos Lewis - (1217394) - Carmarthen

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.53	38.10	155	24/06/17	Carmarthen Club Championships 2017	Carmarthen	WL170863	3
100 Freestyle	1:32.55	1:33.50	113	14/07/18	Carmarthen Club Championships	Carmarthen	WL181059	3
200 Freestyle	3:47.04	3:48.60	83	22/03/15	Swim Wales West Region No Time Gala	Carmarthen	WL150659	3
50 Breaststroke	46.92	47.60	150	14/07/18	Carmarthen Club Championships	Carmarthen	WL181059	3
100 Breaststroke	1:47.91	1:49.10	134	14/07/18	Carmarthen Club Championships	Carmarthen	WL181059	3
200 Breaststroke	3:42.93	3:45.30	156	14/07/18	Carmarthen Club Championships	Carmarthen	WL181059	3
50 Butterfly	45.31	45.70	110	24/06/17	Carmarthen Club Championships 2017	Carmarthen	WL170863	3
100 Butterfly	1:47.21	1:47.90	88	14/07/18	Carmarthen Club Championships	Carmarthen	WL181059	3