

Individual Best Times (All Time)

Benjamin Langfield - (1214211) - Cirencester SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.84	33.20	235	01/02/22	Gloucester County Championships 2022	Hengrove LC	SW220074	1
50 Breaststroke	41.43	40.70	245	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
50 Butterfly	35.13	34.60	254	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1
50 Backstroke	35.84	35.30	283	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
100 Backstroke	1:28.20	1:27.30	200	29/01/22	Gloucester County Championships 2022	Hengrove LC	SW220073	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.49	30.20	319	16/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester	SW240365	3
100 Freestyle	1:08.20	1:09.40	284	16/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester	SW240365	3
200 Freestyle	2:40.79	2:42.90	236	09/06/24	Cirencester Club Championships 2024	Cirencester	SW240832	4
400 Freestyle	5:46.92	5:51.00	229	12/06/24	Cirencester Club Championships 2024	Cirencester	SW240834	4
800 Freestyle	12:24.43	12:32.20	211	10/06/24	Cirencester Club Championships 2024	Cirencester	SW240833	4
50 Breaststroke	41.63	42.40	215	25/11/23	Bristol Penguins & Keynsham Autumn Sprint Meet 23	Bristol	SW232177	3
100 Breaststroke	1:31.94	1:33.30	217	16/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester	SW240365	3
200 Breaststroke	3:31.34	3:33.80	183	11/06/24	Cirencester Club Championships 2024	Cirencester	SW240834	4
50 Butterfly	34.36	34.90	253	24/09/23	Gloucester City SC Autumn Level 3 Sprint Meet 2023	Gloucester	SW231616	3
100 Butterfly	1:21.13	1:22.10	204	11/06/24	Cirencester Club Championships 2024	Cirencester	SW240834	4
200 Butterfly	3:32.65	3:34.10	126	09/06/24	Cirencester Club Championships 2024	Cirencester	SW240832	4
50 Backstroke	36.28	36.80	226	02/07/23	Gloucester City SC Summer L3 Open Meet	Gloucester	SW230999	3
100 Backstroke	1:18.58	1:19.60	232	18/11/23	Calne Alpha L3 Open Meet November 2023	Calne	SW230795	3
200 Backstroke	3:11.13	3:12.90	168	11/06/22	Cirencester SC 2022 Club Championships	Cirencester	SW220818	4
200 Individual Medley	2:54.39	2:56.60	248	12/06/24	Cirencester Club Championships 2024	Cirencester	SW240834	4
100 Individual Medley	1:22.54	1:22.50	212	24/09/23	Gloucester City SC Autumn Level 3 Sprint Meet 2023	Gloucester	SW231616	3