

Individual Best Times (All Time)

William Handley - (1213850) - Stowmarket SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.38	26.60	445	07/01/18	BWFSC L3 New Year Meet 2018	London	LR180217	3
100 Freestyle	58.42	57.00	516	05/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1
50 Breaststroke	33.45	32.50	466	30/03/19	Team Luton March Open Meet	Luton	ER190183	1
100 Breaststroke	1:15.68	1:14.00	424	05/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1
200 Breaststroke	2:47.87	2:44.70	417	30/03/19	Team Luton March Open Meet	Luton	ER190183	1
50 Butterfly	29.62	29.00	425	07/07/18	City of Norwich Midsummer Madness 2018	Norwich	ER180457	3
50 Backstroke	32.02	31.40	397	30/03/18	City of Norwich Easter Long Course Meet	Norwich	ER180144	1
200 Individual Medley	2:22.25	2:19.50	514	07/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.88	26.70	472	18/11/18	Stowmarket Club Championships 2018	Stowmarket	ER182452	4
100 Freestyle	56.16	57.60	508	13/10/19	Stowmarket Club Championships	Stowmarket	ER192841	4
200 Freestyle	2:05.15	2:07.90	500	10/11/18	Stowmarket Club Championships 2018	Stowmarket	ER182451	4
400 Freestyle	4:35.76	4:40.80	455	16/11/18	Stowmarket Club Championships 2018	Stowmarket	ER182452	4
1500 Freestyle	18:27.86	18:46.30	446	21/01/17	Norfolk ASA County Championships 2017	Norfolk	ER170328	2
50 Breaststroke	32.75	33.70	442	16/09/18	Felixstowe Waves September Season Opener 2018	Felixstowe	ER180446	3
100 Breaststroke	1:11.07	1:12.80	470	02/11/19	Swim England East Region Short Course Champs 2019	Basildon	ER192086	2
200 Breaststroke	2:35.61	2:39.00	460	04/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
50 Butterfly	28.68	29.30	436	22/09/19	Sudbury & District Michaelmas Two Day Open Meet	Sudbury	ER192193	3
100 Butterfly	1:05.06	1:06.20	396	12/10/19	Stowmarket Club Championships	Stowmarket	ER192841	4
200 Butterfly	2:44.50	2:46.40	274	20/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
50 Backstroke	30.04	30.70	398	18/11/18	Stowmarket Club Championships 2018	Stowmarket	ER182452	4
100 Backstroke	1:06.36	1:07.60	386	13/10/19	Stowmarket Club Championships	Stowmarket	ER192841	4
200 Backstroke	2:24.24	2:26.50	392	17/11/18	Stowmarket Club Championships 2018	Stowmarket	ER182452	4
200 Individual Medley	2:17.34	2:20.20	508	02/11/19	Swim England East Region Short Course Champs 2019	Basildon	ER192086	2
400 Individual Medley	4:58.15	5:04.00	488	17/11/18	Stowmarket Club Championships 2018	Stowmarket	ER182452	4
100 Individual Medley	1:03.50	1:03.50	467	17/11/18	Stowmarket Club Championships 2018	Stowmarket	ER182452	4