

Individual Best Times (All Time)

Daniel Jones - (1206270) - Atherton and Leigh ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.86	25.00	528	11/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
100 Freestyle	56.98	55.50	556	29/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	NW220240	1
200 Freestyle	2:06.20	2:03.40	527	11/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
400 Freestyle	4:27.29	4:22.00	558	29/01/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230071	1
50 Breaststroke	33.98	33.00	445	15/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	NE230087	1
100 Breaststroke	1:18.65	1:17.00	378	04/03/23	National Arena Swimming League B Final & Cup Final	Cardiff	WL230475	1
50 Butterfly	29.33	28.70	437	30/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	NW220240	1
100 Butterfly	1:03.24	1:02.00	478	07/05/23	Swansea Aquatic May LC Meet	Swansea	WL230007	1
50 Backstroke	44.99	44.50	143	08/07/17	Summer Non National Qualifier Graded Meet	Manchester	NW170108	3
200 Individual Medley	2:29.16	2:26.50	446	23/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	NW220239	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.77	26.60	478	05/11/22	SE NW Winter Regional Swimming Championships	Liverpool	NW221980	2
100 Freestyle	55.63	57.10	523	05/11/22	SE NW Winter Regional Swimming Championships	Liverpool	NW221980	2
200 Freestyle	2:01.11	2:03.90	552	25/06/23	Preston SC Summer Spectacular Meet 2023	Darwen	NW230702	3
400 Freestyle	4:20.09	4:25.40	543	05/11/22	SE NW Winter Regional Swimming Championships	Liverpool	NW221980	2
50 Breaststroke	32.99	33.90	432	15/10/22	Wigan BEST SC Future Stars Open Meet	Wigan	NW221978	2
100 Breaststroke	1:14.97	1:16.60	400	02/10/22	BCM SWPA Greater Manchester Autumn Meet 2022	Wigan	NW221310	3
50 Butterfly	29.47	30.10	402	15/10/22	Wigan BEST SC Future Stars Open Meet	Wigan	NW221978	2
100 Butterfly	1:01.96	1:03.20	458	25/06/23	Preston SC Summer Spectacular Meet 2023	Darwen	NW230702	3
200 Butterfly	2:15.95	2:18.30	485	24/06/23	Preston SC Summer Spectacular Meet 2023	Darwen	NW230702	3
50 Backstroke	37.52	38.10	204	18/11/18	Wigan BEST Future Stars Open Meet	Wigan	NW182020	2
100 Backstroke	1:25.94	1:26.90	177	30/06/18	Holywell Summer Sprints	Holywell	WL181400	3
200 Individual Medley	2:24.44	2:27.10	437	02/10/22	BCM SWPA Greater Manchester Autumn Meet 2022	Wigan	NW221310	3
100 Individual Medley	1:51.67	1:51.70	85	09/04/16	Bolton Metro SS Spring Meet 2016	Bolton	NW160561	3