

Individual Best Times (All Time)

Sophia Dolan - (1204309) - Cleethorpes & Dist SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	39.03	38.50	221	25/07/15	City of Sheffield Summer Meet	Sheffield	NE150209	3
200 Freestyle	3:07.05	3:05.20	219	25/07/15	City of Sheffield Summer Meet	Sheffield	NE150209	3
100 Breaststroke	1:56.32	1:55.20	167	25/07/15	City of Sheffield Summer Meet	Sheffield	NE150209	3
200 Breaststroke	3:58.77	3:56.50	191	20/12/15	City of Leeds Christmas Meet 2015	Leeds	NE150109	3
50 Butterfly	46.64	46.20	143	20/12/15	City of Leeds Christmas Meet 2015	Leeds	NE150109	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.75	39.30	207	21/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151935	4
100 Freestyle	1:23.80	1:24.80	215	09/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
200 Freestyle	2:55.99	2:58.00	246	10/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
400 Freestyle	6:04.87	6:08.70	254	09/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
50 Breaststroke	52.13	52.70	161	27/09/15	Doncaster Dartes SC September Sprints Meet 2015	Beverley	NE151501	3
100 Breaststroke	1:50.79	1:51.90	178	31/10/15	York City Baths Early Bird County Qualifier	Hull	NE151856	3
200 Breaststroke	3:49.32	3:51.60	202	10/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
50 Butterfly	45.39	45.80	154	21/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151935	4
100 Butterfly	1:44.09	1:44.80	140	31/10/15	York City Baths Early Bird County Qualifier	Hull	NE151856	3
200 Butterfly	3:54.18	3:55.50	133	09/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
50 Backstroke	45.60	46.00	169	27/09/15	Doncaster Dartes SC September Sprints Meet 2015	Beverley	NE151501	3
100 Backstroke	1:48.52	1:49.30	129	04/04/15	Kingston upon Hull A B Meet	Hull	NE150397	3
200 Backstroke	3:19.97	3:21.60	210	09/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
200 Individual Medley	3:20.65	3:22.60	224	01/11/15	York City Baths Early Bird County Qualifier	Hull	NE151856	3
400 Individual Medley	7:09.48	7:13.60	219	31/10/15	York City Baths Early Bird County Qualifier	Hull	NE151856	3
100 Individual Medley	1:36.59	1:36.60	200	27/09/15	Doncaster Dartes SC September Sprints Meet 2015	Beverley	NE151501	3