

Individual Best Times (All Time)

Ava Martin - (1203954) - Northgate Bridgnorth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.09	30.40	437	21/05/16	West Midlands ASA Championships	Coventry	WM160482	1
100 Freestyle	1:06.48	1:05.20	470	29/05/16	West Midlands ASA Championships	Coventry	WM160483	1
200 Freestyle	2:26.55	2:24.20	456	16/04/16	City of Liverpool Spring Open Meet 2016	Liverpool	NW160231	1
400 Freestyle	5:07.46	5:02.90	448	21/05/16	West Midlands ASA Championships	Coventry	WM160482	1
800 Freestyle	10:24.87	10:15.50	466	28/05/16	West Midlands ASA Championships	Coventry	WM160483	1
50 Breaststroke	41.24	40.50	353	11/03/18	Nova Centurion March Sprint Meet 2018	Nottingham	EM180094	3
100 Breaststroke	1:31.13	1:29.70	348	11/03/18	Nova Centurion March Sprint Meet 2018	Nottingham	EM180094	3
50 Butterfly	35.23	34.70	333	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
100 Butterfly	1:22.14	1:21.20	308	16/04/16	City of Liverpool Spring Open Meet 2016	Liverpool	NW160231	1
50 Backstroke	36.21	35.70	408	11/03/18	Nova Centurion March Sprint Meet 2018	Nottingham	EM180094	3
100 Backstroke	1:17.67	1:16.60	402	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
200 Backstroke	2:43.72	2:41.70	425	21/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
200 Individual Medley	2:48.82	2:46.50	416	28/05/16	West Midlands ASA Championships	Coventry	WM160483	1
400 Individual Medley	6:05.62	6:00.80	384	19/12/15	Northampton 2015 Long Course Winter Festival	Corby	EM151769	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.30	31.00	433	21/01/18	Shropshire County Championships 2018	Wolverhampton	WM180089	2
100 Freestyle	1:05.97	1:07.20	441	14/01/18	Shropshire County Championships 2018	Wolverhampton	WM180088	2
200 Freestyle	2:23.46	2:25.90	454	18/09/16	Northgate Club Championships	Much Wenlock	WM161933	4
400 Freestyle	5:03.32	5:07.90	443	17/09/16	Northgate Club Championships	Much Wenlock	WM161931	4
800 Freestyle	10:24.17	10:33.40	447	20/09/16	Northgate Club Championships	Much Wenlock	WM161934	4
50 Breaststroke	39.23	40.00	378	20/01/18	Shropshire County Championships 2018	Wolverhampton	WM180089	2
100 Breaststroke	1:27.52	1:29.00	361	16/09/17	Northgate Annual Championships	Much Wenlock	WM172233	4
200 Breaststroke	3:08.61	3:11.40	363	24/09/17	Northgate Annual Championships	Much Wenlock	WM172236	4
50 Butterfly	33.97	34.50	369	30/09/18	Northgate Annual Championships	Much Wenlock	WM182275	4
100 Butterfly	1:18.88	1:19.80	321	21/02/16	Shropshire ASA County Age Group Championships	Wolverhampton	WM160038	2
200 Butterfly	3:08.37	3:10.00	256	24/09/16	Northgate Club Championships	Much Wenlock	WM161936	4
50 Backstroke	34.07	34.70	407	24/11/18	Northgate PB Buster	Wolverhampton	WM181894	3
100 Backstroke	1:14.08	1:15.20	406	18/02/17	Shropshire County Championships 2017	Wolverhampton	WM170438	2
200 Backstroke	2:39.38	2:41.50	415	26/11/16	Northgate P B Buster	Wolverhampton	WM160654	3
200 Individual Medley	2:43.20	2:45.60	416	27/02/16	Shropshire ASA County Age Group Championships	Wolverhampton	WM160039	2
400 Individual Medley	5:47.46	5:52.50	413	26/02/17	Shropshire County Championships 2017	Wolverhampton	WM170439	2
100 Individual Medley	1:15.12	1:15.10	425	14/01/18	Shropshire County Championships 2018	Wolverhampton	WM180088	2