

Individual Best Times (All Time)

Amelia Irons - (1203471) - Havant & Waterlooville SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.25	37.80	233	16/10/16	Havant & Waterlooville Club Championships	Waterlooville	SE162232	4
100 Freestyle	1:24.92	1:25.90	207	15/10/16	Havant & Waterlooville Club Championships	Waterlooville	SE162232	4
200 Freestyle	3:13.19	3:15.00	186	19/11/16	Peter Bull Open Meet	Waterlooville	SE162018	3
400 Freestyle	7:46.25	7:49.30	122	16/10/15	Havant & Waterlooville Club Championships	Waterlooville	SE151950	4
50 Breaststroke	48.23	48.90	203	23/07/16	Fareham Nomads Level 3 Meet	Waterlooville	SE160727	3
100 Breaststroke	1:43.85	1:45.10	216	16/10/16	Havant & Waterlooville Club Championships	Waterlooville	SE162232	4
200 Breaststroke	3:41.80	3:44.20	223	20/11/16	Peter Bull Open Meet	Waterlooville	SE162018	3
50 Butterfly	52.08	52.40	102	12/06/16	Swim Out of Your Skin Open Meet	Waterlooville	SE160978	3
50 Backstroke	42.81	43.30	205	24/07/16	Fareham Nomads Level 3 Meet	Waterlooville	SE160727	3
100 Backstroke	1:32.95	1:33.80	205	19/11/16	Peter Bull Open Meet	Waterlooville	SE162018	3
200 Individual Medley	3:31.98	3:33.80	189	19/11/16	Peter Bull Open Meet	Waterlooville	SE162018	3
100 Individual Medley	1:36.22	1:36.20	202	20/11/16	Peter Bull Open Meet	Waterlooville	SE162018	3