

Individual Best Times (All Time)

Rohan Smith - (1202924) - City of Sheffield Swim Squad Ltd

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	23.52	22.60	702	08/04/23	British Swimming Championships 2023	Sheffield	BSW024	1
100 Freestyle	52.61	51.00	706	30/04/23	SE NE Region Open/Youth Championships (50m) 2023	Sheffield	NE230133	1
200 Freestyle	2:00.74	1:57.80	602	06/02/22	Yorkshire Swimming Association Championships 2022	Leeds	NE220062	1
50 Breaststroke	28.72	27.60	737	29/04/23	SE NE Region Open/Youth Championships (50m) 2023	Sheffield	NE230133	1
100 Breaststroke	1:03.70	1:01.70	711	02/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1
200 Breaststroke	2:27.90	2:24.30	610	17/05/22	19th ISF Gymnasiade School Summer Games	Normandy	GBR1701	3
50 Butterfly	26.29	25.60	607	18/02/23	Yorkshire Swimming Association Championships 2023	Sheffield	NE230056	1
50 Backstroke	33.66	33.10	342	22/02/20	Yorkshire County Championships Level of Meet	Sheffield	NE200185	1
200 Individual Medley	2:38.01	2:35.50	375	13/07/19	Richmond Dales Summer Madness Gala 2019	Leeds	NE191610	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	22.80	23.70	691	14/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
100 Freestyle	50.77	52.40	688	04/11/23	NE Regional Open Championships (25m) 2023	Sheffield	NE231348	2
200 Freestyle	1:57.76	2:00.70	600	21/11/21	Stockport Metro November SC Open Meet 2021	Stockport	NW211315	2
400 Freestyle	4:20.62	4:25.90	540	09/01/22	Harrogate & District SC Janus Meet 2022	Harrogate	NE220065	3
800 Freestyle	9:51.34	10:01.00	421	11/11/19	Harrogate Club Championships	Harrogate	NE193035	4
1500 Freestyle	19:47.54	20:04.80	362	08/10/18	Harrogate District Club Championships	Harrogate Hydro	NE182319	4
50 Breaststroke	27.49	28.60	747	18/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
100 Breaststroke	1:00.84	1:02.90	750	19/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
200 Breaststroke	2:18.66	2:22.40	650	05/11/22	SE North East Open Championships (25m) 2022	Sheffield	NE221572	2
50 Butterfly	26.05	26.80	582	10/10/21	Yorkshire Winter Champs	Leeds	NE210309	2
100 Butterfly	59.62	1:00.90	514	09/01/22	Harrogate & District SC Janus Meet 2022	Harrogate	NE220065	3
200 Butterfly	2:52.56	2:54.40	237	07/10/19	Harrogate Club Championships	Harrogate	NE193033	4
50 Backstroke	28.99	29.70	443	12/09/21	Doncaster Darts September Sprints 2021	John Charles LC	NE210259	3
100 Backstroke	1:10.79	1:11.90	318	16/06/19	Harrogate Summer A Grade Meet	Harrogate	NE190473	3
200 Backstroke	2:42.38	2:44.40	275	15/10/18	Harrogate District Club Championships	Harrogate Hydro	NE182320	4
200 Individual Medley	2:12.38	2:15.30	567	08/01/22	Harrogate & District SC Janus Meet 2022	Harrogate	NE220065	3
400 Individual Medley	5:47.03	5:52.10	309	17/09/18	Harrogate District Club Championships	Harrogate Hydro	NE182317	4
100 Individual Medley	59.08	59.10	580	06/11/21	SE North East Region Open Championships (25m) 2021	Sheffield	NE210917	2