

Individual Best Times (All Time)

Rohan Misir - (1202743) - Cheshunt Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.86	28.60	378	14/03/20	City of St Albans Spring Open Meet	St Albans	ER200475	3
100 Freestyle	1:01.73	1:03.10	383	14/12/19	NASL London Round 3	Barnet	ER192876	3
200 Freestyle	2:13.75	2:16.30	410	14/03/20	City of St Albans Spring Open Meet	St Albans	ER200475	3
400 Freestyle	4:58.93	5:03.60	357	04/12/19	Cheshunt Club Championships 400 200 50m Dash	Queenswood School	ER192650	4
50 Breaststroke	35.90	36.80	335	17/11/19	Watford November 2019 County Qualifier	Garston	ER192687	3
100 Breaststroke	1:20.74	1:22.30	320	26/10/19	Cheshunt 15th Annual Autumn Open Meet	Harlow	ER190526	3
200 Breaststroke	2:54.21	2:57.20	328	08/03/20	Watford March 2020 Regional Qualifier	Garston	ER200339	3
50 Butterfly	31.93	32.50	316	01/11/20	Cheshunt SC	Laura Trott LC	LEX547	0
100 Butterfly	1:21.95	1:22.90	198	29/09/19	Cheshunt Club Championships 2019	Laura Trott LC	ER192646	4
50 Backstroke	37.90	38.40	198	07/07/19	Cheshunt SC Club Sprints	Laura Trott LC	ER191589	4
100 Backstroke	1:32.54	1:33.40	142	14/10/18	Cheshunt Club Championships	Laura Trott LC	ER181758	4
200 Backstroke	3:52.61	3:54.00	93	04/12/15	Cheshunt 200M & 50M Dash Club Championships	Cheshunt	ER151652	4
200 Individual Medley	2:44.32	2:46.70	296	24/11/19	Hitchin Open 2019	Borehamwood	ER191545	3
100 Individual Medley	1:14.57	1:14.60	288	04/10/19	Cheshunt Club Championships 2019	Laura Trott LC	ER192647	4