

Individual Best Times (All Time)

Sam Gilchrist - (1196998) - Durham City ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.99	30.70	303	12/01/19	Peterlee ASC & Derwentside ASC New Year Meet	Stanley	NE190003	3
100 Freestyle	1:07.18	1:08.40	297	16/02/19	Durham City Valentines Gala	Durham	NE190294	3
200 Freestyle	2:31.65	2:33.90	281	13/01/19	Peterlee ASC & Derwentside ASC New Year Meet	Stanley	NE190003	3
400 Freestyle	5:28.47	5:32.70	269	08/12/18	Middlesbrough Christmas 2018 Gala	The Neptune Centre	NE182126	3
1500 Freestyle	22:50.82	23:05.80	235	16/12/18	Durham City Winter Gala 2018	Durham	NE181022	4
50 Breaststroke	38.68	39.50	268	17/02/19	Durham City Valentines Gala	Durham	NE190294	3
100 Breaststroke	1:22.89	1:24.40	296	12/01/19	Peterlee ASC & Derwentside ASC New Year Meet	Stanley	NE190003	3
200 Breaststroke	3:06.25	3:09.10	268	08/12/18	Middlesbrough Christmas 2018 Gala	The Neptune Centre	NE182126	3
50 Butterfly	34.97	35.50	240	16/02/19	Durham City Valentines Gala	Durham	NE190294	3
100 Butterfly	1:22.93	1:23.80	191	13/01/19	Peterlee ASC & Derwentside ASC New Year Meet	Stanley	NE190003	3
200 Butterfly	3:13.34	3:15.00	168	12/01/19	Peterlee ASC & Derwentside ASC New Year Meet	Stanley	NE190003	3
50 Backstroke	43.68	44.10	129	03/12/16	Derwentside Christmas Cracker Meet 2016	Stanley	NE160159	3
100 Backstroke	1:23.82	1:24.80	191	14/10/18	Durham City Medley Challenge 2018	Durham	NE181094	3
200 Individual Medley	2:54.27	2:56.50	248	24/06/18	Durham City Club Gala Series 2018 - Gala - 1	Freemans Quay Durham	NE180838	4
100 Individual Medley	1:36.53	1:36.50	133	18/06/16	Middlesbrough 2016 Open Meet	Middlesbrough	NE160355	3