

Individual Best Times (All Time)

Finlay Keenan - (1195657) - Cumbernauld ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.98	29.30	339	07/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
100 Freestyle	1:07.68	1:06.40	331	08/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
50 Breaststroke	43.70	43.00	209	07/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
50 Butterfly	34.45	33.90	270	08/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
100 Butterfly	1:22.51	1:21.60	215	07/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
200 Butterfly	3:41.17	3:39.70	124	15/01/17	2017 SASA West District LC AG R1 Championship	East Kilbride	SCO1223	1
50 Backstroke	41.36	40.90	184	08/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
200 Individual Medley	3:04.89	3:02.70	234	08/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.62	29.30	349	03/06/18	Rascals Graded Meet 2018	Glasgow	SCO1479	2
100 Freestyle	1:05.58	1:06.80	319	03/06/18	Rascals Graded Meet 2018	Glasgow	SCO1479	2
200 Freestyle	2:27.03	2:29.40	308	03/06/18	Rascals Graded Meet 2018	Glasgow	SCO1479	2
400 Freestyle	5:29.31	5:33.60	267	02/09/17	North Ayrshire Distance Meet	Portal	SCO1328	2
1500 Freestyle	22:25.95	22:41.20	249	03/09/17	North Ayrshire Distance Meet	Portal	SCO1328	2
50 Breaststroke	40.36	41.10	236	03/06/18	Rascals Graded Meet 2018	Glasgow	SCO1479	2
100 Breaststroke	1:28.18	1:29.60	246	09/06/18	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	SCO1487	2
200 Breaststroke	3:13.62	3:16.30	239	03/06/18	Rascals Graded Meet 2018	Glasgow	SCO1479	2
50 Butterfly	33.22	33.80	280	10/06/18	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	SCO1487	2
100 Butterfly	1:17.62	1:18.60	233	10/06/18	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	SCO1487	2
200 Butterfly	3:11.30	3:12.90	174	02/06/18	Rascals Graded Meet 2018	Glasgow	SCO1479	2
50 Backstroke	40.11	40.60	167	19/08/18	Cumbernauld Autumn Graded Meet 2018	Tryst SC	SCO1502	2
100 Backstroke	1:27.58	1:28.50	168	11/03/18	Cumbernauld Spring Graded Meet 2018	Tryst	SCO1436	2
200 Individual Medley	2:51.47	2:53.80	261	28/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
100 Individual Medley	1:23.02	1:23.00	209	19/08/18	Cumbernauld Autumn Graded Meet 2018	Tryst SC	SCO1502	2