

# Individual Best Times (All Time)

Finlay Norris - (1193820) - Blackpool Aquatics ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.65	26.90	432	11/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
100 Freestyle	1:00.31	58.90	469	04/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1
200 Freestyle	2:11.19	2:08.50	470	10/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
400 Freestyle	4:47.03	4:42.10	450	26/03/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220368	1
800 Freestyle	10:02.44	9:52.80	422	30/04/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220369	1
50 Breaststroke	39.79	39.00	277	16/04/22	City of Leeds SC National Qualifier 2022	John Charles AC	NE220061	1
50 Butterfly	30.04	29.40	407	05/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1
100 Butterfly	1:04.77	1:03.60	445	21/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
100 Backstroke	1:23.27	1:22.30	237	14/07/19	Portsmouth Northsea End of Season Meet 2019	Mountbatten SC	SE191275	3
200 Backstroke	2:35.87	2:33.70	370	27/03/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220368	1
200 Individual Medley	2:58.83	2:56.60	259	14/07/19	Portsmouth Northsea End of Season Meet 2019	Mountbatten SC	SE191275	3
400 Individual Medley	6:30.84	6:26.30	238	14/07/19	Portsmouth Northsea End of Season Meet 2019	Mountbatten SC	SE191275	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.49	27.30	440	30/11/23	Blackpool Aquatics Club Championships 2023	Blackpool	NW232381	4
100 Freestyle	57.48	58.90	474	23/11/23	Blackpool Aquatics Club Championships 2023	Blackpool	NW232378	4
200 Freestyle	2:06.43	2:09.10	485	25/07/23	Blackpool Aquatics Freestyle Time Trials 2023	Blackpool	NW231627	4
400 Freestyle	4:43.74	4:48.60	418	16/12/21	Blackpool Aquatics Club Championships 2021	Palatine LC	NW211515	4
800 Freestyle	9:54.19	10:03.80	415	07/12/21	Blackpool Aquatics Club Championships 2021	Palatine LC	NW211512	4
50 Breaststroke	38.82	39.60	265	12/12/21	Blackpool Aquatics Club Championships 2021	Palatine LC	NW211513	4
100 Breaststroke	1:40.66	1:41.90	165	17/02/19	Fareham Nomads Valentines Meet 2019	Waterlooville	SE190109	3
50 Butterfly	29.05	29.70	419	26/11/23	Blackpool Aquatics Club Championships 2023	Blackpool	NW232380	4
100 Butterfly	1:03.88	1:05.10	418	30/11/23	Blackpool Aquatics Club Championships 2023	Blackpool	NW232381	4
200 Butterfly	2:22.99	2:25.20	417	09/11/23	Blackpool Aquatics Club Championships 2023	Blackpool	NW232377	4
50 Backstroke	31.43	32.10	348	17/09/23	North Lancs S&WPA Level 2 Meet 2023	Blackpool	NW231623	2
100 Backstroke	1:06.48	1:07.70	384	16/10/22	North Lancs S&WPA Level 2 Meet	Blackpool	NW221655	2
200 Backstroke	2:28.27	2:30.50	361	06/03/22	Burnley Bobcats 'Racing for Regionals' 2022	Darwen	NW220335	3
200 Individual Medley	2:27.61	2:30.30	409	24/11/22	Blackpool Aquatics SC Club Championships 2022	Blackpool	NW222180	4
100 Individual Medley	1:26.21	1:26.20	186	22/07/18	COSSC 5th SUMMER SPLASH OPEN MEET	SOUTHAMPTON	SE180219	3