

Individual Best Times (All Time)

James Robb - (1192016) - Warrender Baths Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.23	26.50	452	27/04/19	East District Open Championships	Edinburgh	SCO1649	1
100 Freestyle	59.58	58.20	486	28/04/19	East District Open Championships	Edinburgh	SCO1649	1
200 Freestyle	2:15.21	2:12.60	429	27/04/19	East District Open Championships	Edinburgh	SCO1649	1
400 Freestyle	4:53.06	4:48.20	423	29/04/18	University of Aberdeen International Open	Aberdeen	SCO1452	1
100 Breaststroke	1:28.07	1:26.60	269	04/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
200 Breaststroke	3:22.26	3:19.60	238	30/04/17	University of Aberdeen Long Course Open Meet	Aberdeen	SCO1287	1
50 Butterfly	35.76	35.20	241	29/04/17	University of Aberdeen Long Course Open Meet	Aberdeen	SCO1287	1
100 Butterfly	1:13.50	1:12.50	304	10/02/19	Swim Scotland East District Age Groups 2019	Edinburgh	SCO1596	1
50 Backstroke	35.05	34.50	303	04/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
100 Backstroke	1:12.12	1:11.00	366	05/05/18	East District Open Championships	Edinburgh	SCO1461	1
200 Backstroke	2:33.86	2:31.70	384	06/05/18	East District Open Championships	Edinburgh	SCO1461	1
200 Individual Medley	2:42.65	2:40.20	344	10/02/19	Swim Scotland East District Age Groups 2019	Edinburgh	SCO1596	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.16	28.90	366	20/05/18	Swim West Lothian IM Tough	Xcite Leisure Centre	SCO1468	2
100 Freestyle	59.59	1:01.00	426	28/10/18	Carnegie Winter Open Meet 2018	Michael Woods Centre	SCO1533	2
200 Freestyle	2:11.02	2:13.60	436	03/03/19	Midlothian Spring Meet	Mercat Gait Centre	SCO1615	2
400 Freestyle	4:43.11	4:48.00	421	03/03/19	Midlothian Spring Meet	Mercat Gait Centre	SCO1615	2
800 Freestyle	9:56.48	10:06.10	410	26/11/17	EDAG 17 Round 1	Michael Woods Centre	SCO1431	2
50 Breaststroke	47.65	48.30	143	18/09/16	Warrender Championships	Glenrothes	SCO1183	2
100 Breaststroke	1:28.28	1:29.70	245	07/10/17	WBC Championships 2017	Michael Woods Centre	SCO1392	2
200 Breaststroke	3:08.13	3:10.90	260	29/10/16	Carnegie Winter Open Meet	Glenrothes	SCO1190	2
50 Butterfly	31.79	32.40	320	20/05/18	Swim West Lothian IM Tough	Xcite Leisure Centre	SCO1468	2
100 Butterfly	1:11.41	1:12.50	299	20/05/18	Swim West Lothian IM Tough	Xcite Leisure Centre	SCO1468	2
200 Butterfly	2:45.06	2:47.00	271	12/01/19	East District Age Group Championships Round 3	Michael Woods Centre	SCO1580	1
50 Backstroke	35.04	35.60	251	07/10/17	WBC Championships 2017	Michael Woods Centre	SCO1392	2
100 Backstroke	1:09.62	1:10.80	334	27/10/18	Carnegie Winter Open Meet 2018	Michael Woods Centre	SCO1533	2
200 Backstroke	2:27.01	2:29.30	370	02/03/19	Midlothian Spring Meet	Mercat Gait Centre	SCO1615	2
200 Individual Medley	2:38.78	2:41.20	329	17/12/17	Warrender Graded Meet	Michael Woods Centre	SCO1391	2
400 Individual Medley	5:24.37	5:29.70	379	19/05/18	Swim West Lothian IM Tough	Xcite Leisure Centre	SCO1468	2
100 Individual Medley	1:13.17	1:13.20	305	16/09/18	WBC Championships 200's 2018	Edinburgh	SCO1535	2