

Individual Best Times (All Time)

Sebastian Casey - (1190947) - Hinckley SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.76	26.00	477	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Freestyle	59.87	58.50	479	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
200 Freestyle	2:13.81	2:11.20	442	23/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
50 Butterfly	28.63	28.00	470	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Butterfly	1:05.66	1:04.50	427	20/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1
50 Backstroke	31.65	31.00	411	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Backstroke	1:07.06	1:05.90	455	21/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1
200 Backstroke	2:35.86	2:33.70	370	13/05/23	East Midlands Regional LC Championships 2023	Corby	EM230743	1
200 Individual Medley	2:45.14	2:42.70	328	26/03/23	City of Sheffield SS Premier Open Meet 2023	Sheffield	NE230254	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.71	27.50	429	18/05/24	Hinckley SC Open Meet 2024	Hinckley	EM240488	3
100 Freestyle	57.69	59.10	469	19/05/24	Hinckley SC Open Meet 2024	Hinckley	EM240488	3
200 Freestyle	2:08.59	2:11.30	461	06/04/24	Chesterfield SC Spring Meet 2024	Matlock	EM240389	3
400 Freestyle	5:18.97	5:23.30	294	16/01/22	Leicestershire & Rutland County Championships 2022	Braunstone	EM220100	2
50 Breaststroke	39.67	40.50	248	28/10/23	Leicester Sharks CSC Trick or Treat Meet 2023	Nuneaton	EM230946	3
100 Breaststroke	1:34.46	1:35.80	200	05/02/22	Leicestershire & Rutland County Championships 2022	Braunstone	EM220102	2
200 Breaststroke	3:39.27	3:41.70	164	17/07/21	City Of Leicester	Braunstone	LEX3472	0
50 Butterfly	28.73	29.40	433	27/01/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240050	2
100 Butterfly	1:06.95	1:08.10	363	18/05/24	Hinckley SC Open Meet 2024	Hinckley	EM240488	3
200 Butterfly	2:45.01	2:46.90	271	20/05/23	Hinckley SC Open Meet 2023	Hinckley	EM230555	3
50 Backstroke	30.75	31.40	371	18/05/24	Hinckley SC Open Meet 2024	Hinckley	EM240488	3
100 Backstroke	1:06.10	1:07.30	390	19/05/24	Hinckley SC Open Meet 2024	Hinckley	EM240488	3
200 Backstroke	2:28.77	2:31.00	357	01/04/23	City of Leicester Age Group Meet 2023	Leicester	EM230357	3
200 Individual Medley	2:36.35	2:38.90	344	02/04/23	City of Leicester Age Group Meet 2023	Leicester	EM230357	3
100 Individual Medley	1:10.30	1:10.30	344	01/10/23	Hinckley Swimming Club Championships 2023	Hinckley	EM231957	4