

Individual Best Times (All Time)

Molina Smalley - (1190525) - Plymouth Leander SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.27	28.50	524	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	NE4316	1
100 Freestyle	1:02.48	1:01.10	566	26/08/13	New Member Long Course	England	OVE301	1
200 Freestyle	2:14.33	2:11.70	592	28/05/16	Plymouth Leander Level 1 National Qualifier 2016	Plymouth	SW160104	1
400 Freestyle	4:40.73	4:35.70	589	28/11/13	New Member Long Course	England	OVE301	1
800 Freestyle	9:34.81	9:24.70	599	09/07/13	New Member Long Course	England	OVE301	1
1500 Freestyle	18:35.52	18:16.90	561	08/11/13	New Member Long Course	England	OVE301	1
100 Breaststroke	1:20.94	1:19.40	497	28/11/13	New Member Long Course	England	OVE301	1
200 Breaststroke	2:51.73	2:48.60	513	09/07/13	New Member Long Course	England	OVE301	1
50 Butterfly	31.61	31.00	461	23/05/15	Plymouth Level 1 Long Course Open Meet	Plymouth	SW150205	1
100 Butterfly	1:10.44	1:09.40	488	09/07/13	New Member Long Course	England	OVE301	1
200 Butterfly	2:44.43	2:42.50	406	06/12/13	New Member Long Course	England	OVE301	1
100 Backstroke	1:11.44	1:10.30	516	06/12/13	New Member Long Course	England	OVE301	1
200 Backstroke	2:33.09	2:30.90	520	06/12/13	New Member Long Course	England	OVE301	1
200 Individual Medley	2:28.18	2:25.50	616	09/07/13	New Member Long Course	England	OVE301	1
400 Individual Medley	5:13.57	5:07.90	609	28/11/13	New Member Long Course	England	OVE301	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.55	29.30	518	07/02/16	Devon County Championships & Age Groups 2016	Plymouth	SW160295	2
100 Freestyle	1:01.06	1:02.40	557	04/10/14	The City of Plymouth ASA Annual Swim Meet 2014	Plymouth	SW14221	3
200 Freestyle	2:09.34	2:12.00	620	19/01/15	Devon County 2015 Championships	Plymouth	CC150275	2
400 Freestyle	4:33.92	4:39.00	602	07/11/15	ASA South West Short Course Championships	Millfield	SW151638	2
800 Freestyle	9:21.12	9:31.30	615	06/10/14	The City of Plymouth ASA Annual Swim Meet 2014	Plymouth	SW14221	3
200 Breaststroke	2:55.63	2:58.60	449	04/10/14	The City of Plymouth ASA Annual Swim Meet 2014	Plymouth	SW14221	3
50 Butterfly	30.38	31.00	516	22/01/15	Devon County 2015 Championships	Plymouth	CC150276	2
100 Butterfly	1:07.21	1:08.30	520	07/02/16	Devon County Championships & Age Groups 2016	Plymouth	SW160295	2
50 Backstroke	34.82	35.40	381	18/01/15	Devon County 2015 Championships	Plymouth	CC150274	2
100 Backstroke	1:13.37	1:14.50	418	20/01/15	Devon County 2015 Championships	Plymouth	CC150275	2
200 Individual Medley	2:26.43	2:29.10	576	08/11/15	ASA South West Short Course Championships	Millfield	SW151638	2
400 Individual Medley	5:06.67	5:12.30	601	31/01/16	Devon County Championships & Age Groups 2016	Plymouth	SW160294	2
100 Individual Medley	1:08.50	1:08.50	561	07/02/16	Devon County Championships & Age Groups 2016	Plymouth	SW160295	2