

# Individual Best Times (All Time)

Amy Willetts - (1190490) - Melton Mowbray SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.99	29.30	487	02/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	EM230359	1
100 Freestyle	1:04.51	1:03.20	515	07/05/22	SE East Midland Regional Long Course Championships	Sheffield	EM220576	1
200 Freestyle	2:23.44	2:21.00	486	01/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	EM230359	1
400 Freestyle	5:19.86	5:15.40	398	23/03/19	Corby Annual Long Course Open Meet	Corby	EM190406	3
50 Breaststroke	44.40	43.70	283	16/09/18	Junior Inter County Competition 2018	Inspire	ER181371	1
100 Breaststroke	1:29.80	1:28.40	364	24/03/19	Corby Annual Long Course Open Meet	Corby	EM190406	3
200 Breaststroke	3:12.48	3:09.70	364	06/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
50 Butterfly	30.62	30.00	507	02/05/22	SE East Midland Regional Long Course Championships	Sheffield	EM220575	1
100 Butterfly	1:09.93	1:08.80	499	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	EM220576	1
200 Butterfly	2:47.65	2:45.80	383	03/04/22	Nova Centurion April Meet	Nottingham	EM220175	1
50 Backstroke	34.99	34.40	452	16/03/24	Derby Excel Spring Qualifier 2024	Sheffield	EM240136	1
100 Backstroke	1:13.33	1:12.20	477	14/04/24	City of Leeds National Qualifier 2024	Leeds	NE240117	1
200 Backstroke	2:54.47	2:52.50	351	20/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	EM180093	1
200 Individual Medley	2:49.09	2:46.70	414	06/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
400 Individual Medley	6:22.78	6:18.20	335	24/03/18	Corby Annual Long Course Open Meet	Corby	EM180193	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.40	30.10	474	20/11/22	Nova Centurion November Meet	Nottingham	EM220652	2
100 Freestyle	1:03.22	1:04.50	502	17/12/22	Leicester Sharks Competitive SC County Qualifier	Nuneaton	EM221062	3
200 Freestyle	2:18.56	2:21.00	504	18/12/22	Leicester Sharks Competitive SC County Qualifier	Nuneaton	EM221062	3
400 Freestyle	4:56.24	5:00.90	475	26/03/22	Leicester Sharks Competitive Regional Qualifier 22	Nuneaton	EM220151	3
800 Freestyle	10:35.36	10:44.40	424	29/06/19	Melton Mowbray Long Distance Club Champs	Melton Mowbray	EM192511	4
50 Breaststroke	40.22	41.00	350	19/01/20	2020 LASA County Age Group & Championships	Braunstone	EM200329	2
100 Breaststroke	1:27.75	1:29.20	358	06/10/19	Leicester Penguins Open Meet 2019	Braunstone	EM191954	3
200 Breaststroke	3:09.37	3:12.10	358	28/09/19	Melton Mowbray Club Champs	Waterfield	EM192736	4
50 Butterfly	30.81	31.40	495	22/05/22	Hinckley SC Sprint Open Meet 2022	Hinckley	EM220942	3
100 Butterfly	1:09.14	1:10.20	477	20/11/22	Nova Centurion November Meet	Nottingham	EM220652	2
200 Butterfly	2:41.38	2:43.30	407	02/12/23	Melton Mowbray SC Club Championships 2023	Melton Mowbray	EM232077	4
50 Backstroke	33.25	33.80	437	18/05/24	Melton Mowbray SC Club Championships 2024	Melton Mowbray	EM241277	4
100 Backstroke	1:10.68	1:11.80	468	28/01/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240050	2
200 Backstroke	2:34.00	2:36.20	460	29/01/22	Leicestershire & Rutland County Championships 2022	Braunstone	EM220101	2
200 Individual Medley	2:39.50	2:42.00	445	06/10/19	Leicester Penguins Open Meet 2019	Braunstone	EM191954	3
400 Individual Medley	5:53.49	5:58.40	393	10/03/19	The 2019 Leicester Age Group Meet	Braunstone	EM190309	3
100 Individual Medley	1:12.82	1:12.80	467	11/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240052	2