

Individual Best Times (All Time)

Grace Nowell - (1189614) - Reading SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	43.18	43.70	149	21/06/14	Reading Club Sprints 2014	Reading	SE4734	4
100 Freestyle	1:37.30	1:38.20	137	16/11/14	Reading Club Championships	Reading	SE14102	4
50 Breaststroke	53.90	54.50	145	21/06/14	Reading Club Sprints 2014	Reading	SE4734	4
100 Breaststroke	1:53.27	1:54.40	166	16/11/14	Reading Club Championships	Reading	SE14102	4
200 Breaststroke	4:04.18	4:06.30	167	15/11/14	Reading Club Championships	Reading	SE14102	4
100 Backstroke	1:42.45	1:43.20	153	16/11/14	Reading Club Championships	Reading	SE14102	4
200 Backstroke	3:45.29	3:46.80	147	15/11/14	Reading Club Championships	Reading	SE14102	4