

Individual Best Times (All Time)

Lola Morales - (1189479) - Tynemouth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.40	28.70	517	11/02/18	N & D 2018 Championships	Sunderland	NE180243	1
100 Freestyle	1:03.27	1:01.90	545	27/05/18	North East Region Championships	Leeds	NE180152	1
200 Freestyle	2:21.56	2:19.10	506	10/02/18	N & D 2018 Championships	Sunderland	NE180243	1
400 Freestyle	5:08.84	5:04.30	442	04/02/18	N & D 2018 Championships	Sunderland	NE180242	1
800 Freestyle	10:47.83	10:38.80	419	09/02/18	N & D 2018 Championships	Sunderland	NE180243	1
50 Breaststroke	39.36	38.60	406	25/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170190	1
100 Breaststroke	1:27.41	1:26.00	394	11/02/18	N & D 2018 Championships	Sunderland	NE180243	1
200 Breaststroke	3:09.10	3:06.30	384	03/02/18	N & D 2018 Championships	Sunderland	NE180242	1
50 Butterfly	31.07	30.50	486	27/05/18	North East Region Championships	Leeds	NE180152	1
100 Butterfly	1:05.94	1:04.80	595	01/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
200 Butterfly	2:34.84	2:32.80	486	20/05/18	North East Region Championships	Leeds	NE180151	1
50 Backstroke	33.96	33.40	494	10/02/18	N & D 2018 Championships	Sunderland	NE180243	1
100 Backstroke	1:14.55	1:13.50	454	19/05/18	North East Region Championships	Leeds	NE180151	1
200 Backstroke	2:37.58	2:35.40	477	03/02/18	N & D 2018 Championships	Sunderland	NE180242	1
200 Individual Medley	2:34.14	2:31.60	547	04/02/18	N & D 2018 Championships	Sunderland	NE180242	1
400 Individual Medley	5:42.02	5:36.80	469	10/02/18	N & D 2018 Championships	Sunderland	NE180243	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.90	29.60	499	04/11/18	Swim England North East Region Age Group (25)	Sheffield	NE182209	2
100 Freestyle	1:03.31	1:04.60	500	29/10/17	ASA North East Region Age Group Championships	Sunderland	NE172046	2
200 Freestyle	2:21.47	2:23.90	474	14/10/17	BOSSS Winter Swim Festival 2017	Billingham	NE172049	2
400 Freestyle	4:56.43	5:01.10	475	12/10/18	BOSSS Winter Swim Festival 2018	Billingham	NE181462	2
800 Freestyle	10:23.90	10:33.10	448	12/01/18	Tynemouth ASC Club Championships	Tynemouth Pool	NE180543	4
50 Breaststroke	38.97	39.80	385	15/07/17	Richmond Dales Summer Madness Gala	Leeds	NE170388	3
100 Breaststroke	1:22.33	1:23.80	434	28/10/17	ASA North East Region Age Group Championships	Sunderland	NE172046	2
200 Breaststroke	2:54.10	2:57.10	461	25/06/18	Tynemouth ASC Club Championships	Tynemouth Pool	NE180545	4
50 Butterfly	31.10	31.70	481	04/11/18	Swim England North East Region Age Group (25)	Sheffield	NE182209	2
100 Butterfly	1:07.70	1:08.80	508	03/11/18	Swim England North East Region Age Group (25)	Sheffield	NE182209	2
200 Butterfly	2:31.12	2:33.20	495	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	NE181462	2
50 Backstroke	32.66	33.30	462	03/11/18	Swim England North East Region Age Group (25)	Sheffield	NE182209	2
100 Backstroke	1:13.05	1:14.10	424	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	NE181462	2
200 Backstroke	2:33.67	2:35.80	463	13/10/18	BOSSS Winter Swim Festival 2018	Billingham	NE181462	2
200 Individual Medley	2:33.09	2:35.60	504	12/10/18	BOSSS Winter Swim Festival 2018	Billingham	NE181462	2
400 Individual Medley	5:42.29	5:47.40	432	25/06/17	Tynemouth Club Championships	Tynemouth	NE170403	4
100 Individual Medley	1:11.06	1:11.10	502	03/11/18	Swim England North East Region Age Group (25)	Sheffield	NE182209	2