

Individual Best Times (All Time)

Chasity Rose - (1189299) - City Of Ely Amateur Swimming Clu

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	42.22	42.70	160	21/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	ER14344	3
100 Freestyle	1:35.75	1:36.60	144	11/12/14	City of Ely Distance Club Championships	Ely	ER4552	4
400 Freestyle	7:37.13	7:40.20	129	08/12/14	City of Ely Distance Club Championships	Ely	ER4552	4
50 Breaststroke	52.79	53.40	155	19/04/15	Newmarket & District Seventh Open Meet	Newmarket	ER150020	3
100 Breaststroke	1:54.37	1:55.50	162	07/12/14	Newmarket 4th Sprint Open Meet	Newmarket	ER4728	3
200 Breaststroke	4:23.23	4:25.20	133	06/10/14	City of Ely Distance Club Championships	Ely	ER4552	4
50 Butterfly	50.46	50.80	112	07/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	ER160492	3
50 Backstroke	53.27	53.60	106	26/06/14	City of Ely ASC Distance Championships	Ely	ER14163	4
100 Backstroke	2:01.85	2:02.50	91	23/06/14	City of Ely ASC Distance Championships	Ely	ER14163	4
200 Individual Medley	4:06.63	4:08.20	120	09/10/14	City of Ely Distance Club Championships	Ely	ER4552	4
100 Individual Medley	1:47.25	1:47.30	146	07/12/14	Newmarket 4th Sprint Open Meet	Newmarket	ER4728	3