

Individual Best Times (All Time)

Elizabeth Wood - (1189123) - Linslade Crusaders Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.24	34.80	300	24/11/19	Linslade Crusaders Almost Last Chance Open Meet	Bletchley	ER192116	3
100 Freestyle	1:14.60	1:15.70	305	29/09/18	Linslade Crusaders Age Group Championships 2018	Tiddenfoot	ER181479	4
200 Freestyle	2:41.71	2:43.80	317	06/10/18	Linslade Crusaders Age Group Championships 2018	Tiddenfoot	ER181480	4
400 Freestyle	5:43.14	5:47.20	306	21/09/17	Linslade Crusaders Age Group Championships 2017	Tiddenfoot	ER171262	4
50 Breaststroke	45.54	46.20	241	05/10/19	Linslade Crusaders Club Championships 2019	Leighton Buzzard	ER191691	4
100 Breaststroke	1:44.47	1:45.70	212	16/09/17	Linslade Crusaders Age Group Championships 2017	Tiddenfoot	ER171258	4
200 Breaststroke	3:35.19	3:37.60	244	29/09/18	Linslade Crusaders Age Group Championships 2018	Tiddenfoot	ER181479	4
50 Butterfly	36.76	37.30	291	24/11/19	Linslade Crusaders Almost Last Chance Open Meet	Bletchley	ER192116	3
100 Butterfly	1:29.49	1:30.30	220	25/11/18	Last Chance Open Meet	Bletchley	ER181224	3
50 Backstroke	39.78	40.30	255	23/06/18	Linslade Crusaders Splash Gala	TIDDENFOOT	ER180751	4
100 Backstroke	1:36.82	1:37.60	182	26/11/16	Linslade Crusaders Last Chance Open Meet	Bletchley	ER161823	3
200 Individual Medley	3:07.47	3:09.60	274	06/10/18	Linslade Crusaders Age Group Championships 2018	Tiddenfoot	ER181480	4
100 Individual Medley	1:25.71	1:25.70	286	21/09/19	Linslade Crusaders Club Championships 2019	Leighton Buzzard	ER191689	4