

# Individual Best Times (All Time)

## Rebekah Sparks - (1188827) - Wycombe District SC

### Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.86	33.20	339	18/10/15	Wycombe District SC B C Age Group	Wycombe	SE151508	3
100 Freestyle	1:18.97	1:17.90	280	17/10/15	Wycombe District SC B C Age Group	Wycombe	SE151508	3
200 Freestyle	2:56.07	2:54.10	263	18/10/15	Wycombe District SC B C Age Group	Wycombe	SE151508	3
400 Freestyle	6:17.75	6:14.00	241	20/09/15	Wycombe District Swim Club Club Championships	Wycombe	SE151738	4
50 Breaststroke	50.76	50.10	189	18/10/15	Wycombe District SC B C Age Group	Wycombe	SE151508	3
100 Breaststroke	1:49.81	1:48.70	199	17/10/15	Wycombe District SC B C Age Group	Wycombe	SE151508	3
200 Breaststroke	4:06.14	4:04.00	174	19/09/15	Wycombe District Swim Club Club Championships	Wycombe	SE151738	4
50 Butterfly	38.06	37.60	264	17/10/15	Wycombe District SC B C Age Group	Wycombe	SE151508	3
100 Butterfly	1:35.08	1:34.30	198	18/10/15	Wycombe District SC B C Age Group	Wycombe	SE151508	3
50 Backstroke	43.33	42.90	238	17/10/15	Wycombe District SC B C Age Group	Wycombe	SE151508	3
100 Backstroke	1:34.97	1:34.10	219	18/10/15	Wycombe District SC B C Age Group	Wycombe	SE151508	3
200 Individual Medley	3:15.07	3:13.00	270	17/10/15	Wycombe District SC B C Age Group	Wycombe	SE151508	3

### Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.06	34.70	305	06/12/15	Maxwell December 2015 L3 Meet	Aylesbury	SE152061	3
100 Freestyle	1:15.62	1:16.70	293	06/03/16	Borough of Harrow Regional Qualifier 2016	Barnet	LR160417	3
200 Freestyle	2:47.13	2:49.20	287	03/04/16	Hatfield Spring Gala	Hatfield	ER160704	3
400 Freestyle	5:50.02	5:54.00	288	03/04/16	Hatfield Spring Gala	Hatfield	ER160704	3
50 Breaststroke	48.43	49.10	201	05/03/16	Borough of Harrow Regional Qualifier 2016	Barnet	LR160417	3
50 Butterfly	37.81	38.30	268	06/03/16	Borough of Harrow Regional Qualifier 2016	Barnet	LR160417	3
100 Butterfly	1:31.04	1:31.90	209	05/03/16	Borough of Harrow Regional Qualifier 2016	Barnet	LR160417	3
50 Backstroke	40.81	41.30	236	03/04/16	Hatfield Spring Gala	Hatfield	ER160704	3
200 Individual Medley	3:02.00	3:04.20	300	03/04/16	Hatfield Spring Gala	Hatfield	ER160704	3
100 Individual Medley	1:34.30	1:34.30	215	16/05/15	Hemel Hempstead 4th Spring Development Meet	Hemel Hempstead	ER150118	3