

Individual Best Times (All Time)

Amelia Hector - (1188612) - Dorking Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.27	31.60	391	08/01/22	Crawley Speedo New Year L3 Gala 2022	Crawley	SE220201	3
100 Freestyle	1:12.69	1:11.50	359	29/09/19	Lis Hartley Long Course Open Meet	K2 LC	SE190314	3
200 Freestyle	2:33.67	2:31.40	396	08/01/22	Crawley Speedo New Year L3 Gala 2022	Crawley	SE220201	3
400 Freestyle	5:45.62	5:41.50	315	29/09/19	Lis Hartley Long Course Open Meet	K2 LC	SE190314	3
50 Breaststroke	40.09	39.30	384	19/02/22	Surrey County Age Group Championships 2022	Stratford	LR220177	1
50 Butterfly	41.38	40.90	205	29/09/18	Lis Hartley Long Course Open Meet	Crawley	SE180015	3
100 Butterfly	1:33.83	1:33.00	206	29/09/19	Lis Hartley Long Course Open Meet	K2 LC	SE190314	3
200 Butterfly	2:59.59	2:57.80	312	05/02/23	Surrey County Age Group Championships 2023	Guildford	SE230015	1
50 Backstroke	39.70	39.20	309	08/01/22	Crawley Speedo New Year L3 Gala 2022	Crawley	SE220201	3
100 Backstroke	1:21.94	1:21.00	342	08/01/22	Crawley Speedo New Year L3 Gala 2022	Crawley	SE220201	3
400 Individual Medley	5:51.14	5:46.10	434	21/01/23	Surrey County Age Group Championships 2023	Guildford	SE230014	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.75	31.40	414	27/11/22	Atlantis SC Christmas Cracker 2022	Horsham	SE220762	3
100 Freestyle	1:05.11	1:06.40	459	15/01/23	Haslemere, Farnham & Godalming Last Chance Meet 23	Haslemere	SE230081	3
200 Freestyle	2:21.16	2:23.60	477	16/10/22	Dorking SC 200m Club Championships 2022	Dorking	SE221897	4
400 Freestyle	4:56.42	5:01.10	475	27/11/22	Atlantis SC Christmas Cracker 2022	Horsham	SE220762	3
800 Freestyle	10:46.31	10:55.20	403	14/01/22	Dorking SC 800m Club Championships 2022	Dorking	SE220157	4
50 Breaststroke	39.94	40.70	358	26/06/21	Box Hill	Spectrum	LEX2478	0
100 Breaststroke	1:30.57	1:32.00	326	21/11/21	Dorking SC Invitational Meet 2021	Dorking	SE210873	4
200 Breaststroke	3:09.46	3:12.20	358	16/07/23	Mid Sussex Marlins L3 End of Season Open Meet 2023	West Sussex	SE231138	3
50 Butterfly	33.51	34.10	385	29/10/23	Hart SC Autumn Level 3 Open Meet 2023	Hart	SE232050	3
100 Butterfly	1:15.92	1:16.90	360	06/11/22	Dorking SC Open Meet 2022	Dorking	SE222062	3
200 Butterfly	2:53.38	2:55.20	328	15/01/23	Haslemere, Farnham & Godalming Last Chance Meet 23	Haslemere	SE230081	3
50 Backstroke	36.66	37.20	326	08/12/22	Dorking SC Sprint Club Championships 2022	Dorking	SE222233	4
100 Backstroke	1:15.58	1:16.60	383	14/10/23	National Arena Swimming League South R1 2023	Amersham	SE231984	3
200 Backstroke	2:41.89	2:43.90	396	29/10/23	Hart SC Autumn Level 3 Open Meet 2023	Hart	SE232050	3
200 Individual Medley	2:40.37	2:42.80	438	06/11/22	Dorking SC Open Meet 2022	Dorking	SE222062	3
400 Individual Medley	5:43.88	5:49.00	426	17/11/22	Dorking SC 400m IM Club Championships 2022	Dorking	SE222232	4
100 Individual Medley	1:16.42	1:16.40	404	06/03/22	Atlantis SC Splash n Dash 2022	Horsham	SE220034	3