

# Individual Best Times (All Time)

George Whittle - (1184610) - Derby Excel Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.98	24.10	586	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Freestyle	54.07	52.50	650	21/01/24	Derby Excel New Year Meet 2024	Sheffield	EM240047	1
200 Freestyle	2:02.10	1:59.20	582	29/04/23	East Midlands Regional LC Championships 2023	Derby	EM230742	1
400 Freestyle	4:32.32	4:27.10	527	01/08/21	SE East Midlands Festival of Swimming 2021	Nottingham	EM210145	1
800 Freestyle	10:08.52	9:58.90	410	29/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	NE190402	1
1500 Freestyle	19:16.07	18:58.10	427	05/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
50 Breaststroke	31.03	30.00	584	24/07/22	British Summer Championships	Sheffield	BSW022	1
100 Breaststroke	1:07.31	1:05.40	603	23/07/22	British Summer Championships	Sheffield	BSW022	1
200 Breaststroke	2:31.83	2:28.30	564	26/07/22	British Summer Championships	Sheffield	BSW022	1
50 Butterfly	29.68	29.00	422	12/12/21	Derbyshire ASA LC Competition 2021 - Level 3	Ponds Forge	EM210640	3
100 Butterfly	1:07.87	1:06.70	386	12/12/21	Derbyshire ASA LC Competition 2021 - Level 1	Ponds Forge	EM210639	1
50 Backstroke	26.84	26.10	675	23/07/23	British Summer Championships	Sheffield	BSW025	1
100 Backstroke	56.78	55.40	750	03/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1
200 Backstroke	2:05.50	2:02.80	709	07/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1
200 Individual Medley	2:17.97	2:15.10	564	30/04/23	East Midlands Regional LC Championships 2023	Derby	EM230742	1
400 Individual Medley	5:21.07	5:15.60	430	12/05/19	Nova Centurion May Level 1 LC Open Meet	Nottingham	EM191206	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.56	25.40	553	30/09/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
100 Freestyle	53.23	54.80	597	01/10/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
200 Freestyle	1:55.18	1:58.10	642	30/09/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
400 Freestyle	4:30.77	4:35.90	481	18/09/21	Derventio eXcel Early Season Short Course Meet	Matlock	EM210492	2
800 Freestyle	8:54.48	9:05.20	571	22/01/22	Ripley Rascals January Time Trial	Ripley	EM220345	4
1500 Freestyle	17:22.22	17:41.80	536	23/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200328	2
50 Breaststroke	30.62	31.60	540	25/09/22	The eXcel September Spectacular	Derby	EM221352	2
100 Breaststroke	1:06.53	1:08.40	573	02/10/22	National County Team Championships 2022 Div Two	Sheffield	ASA156	2
200 Breaststroke	2:28.35	2:31.90	531	19/02/22	Derbyshire ASA County Championships 2022	Matlock	EM220031	2
50 Butterfly	29.77	30.40	389	18/09/21	Derventio eXcel Early Season Short Course Meet	Matlock	EM210492	2
100 Butterfly	1:06.00	1:07.10	379	05/02/22	Derwent District Swim Series Gala	Alfreton	EM220046	4
200 Butterfly	2:47.01	2:48.90	261	23/12/18	Derventio Excel Christmas Cracker 2018	Braunston	EM182413	3
50 Backstroke	26.43	27.20	585	04/11/23	SE EM Short Course Championships 2023	Nottingham	EM232280	2
100 Backstroke	55.00	56.40	678	14/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Backstroke	2:00.23	2:03.00	678	04/11/23	SE EM Short Course Championships 2023	Nottingham	EM232280	2
200 Individual Medley	2:10.30	2:13.30	595	01/10/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
400 Individual Medley	4:46.07	4:52.10	553	24/01/22	Derventio Excel Swim Squad Distance TT	Queens LC	EM220436	4
100 Individual Medley	59.43	59.40	570	01/10/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2