

# Individual Best Times (All Time)

Lee Bickley - (1184240) - Derby Excel Swimming Club

Long Course

| Stroke                | LC Time | Converted to SC | LC WA Pts | Date     | Meet   | Venue       | Licence  | Level |
|-----------------------|---------|-----------------|-----------|----------|--|-------------|----------|-------|
| 50 Freestyle          | 28.34   | 27.60           | 401       | 12/12/21 | Derbyshire ASA LC Competition 2021 - Level 3 | Ponds Forge | EM210640 | 3     |
| 100 Freestyle         | 1:01.09 | 59.70           | 451       | 12/12/21 | Derbyshire ASA LC Competition 2021 - Level 1 | Ponds Forge | EM210639 | 1     |
| 200 Freestyle         | 2:21.27 | 2:18.80         | 376       | 23/11/19 | City of Coventry Winter Open Meet            | Coventry    | WM192140 | 3     |
| 400 Freestyle         | 5:20.98 | 5:16.60         | 322       | 12/05/19 | Rotherham Metro Springtime Long Course Meet  | Sheffield   | NE190335 | 3     |
| 50 Breaststroke       | 35.86   | 35.00           | 378       | 23/07/22 | East Midlands Summer Festival                | Derby       | EM221414 | 3     |
| 100 Breaststroke      | 1:17.76 | 1:16.10         | 391       | 12/12/21 | Derbyshire ASA LC Competition 2021 - Level 1 | Ponds Forge | EM210639 | 1     |
| 200 Breaststroke      | 3:01.61 | 2:58.70         | 329       | 23/11/19 | City of Coventry Winter Open Meet            | Coventry    | WM192140 | 3     |
| 50 Butterfly          | 31.43   | 30.80           | 355       | 15/12/19 | Derbyshire ASA Long Course Competition 2019  | Sheffield   | EM192731 | 3     |
| 50 Backstroke         | 31.60   | 31.00           | 413       | 11/12/22 | Derbyshire ASA LC Competition 2022 Level 3   | Sheffield   | EM222034 | 3     |
| 100 Backstroke        | 1:08.52 | 1:07.30         | 427       | 23/07/22 | East Midlands Summer Festival                | Derby       | EM221414 | 3     |
| 200 Backstroke        | 2:38.18 | 2:36.10         | 354       | 23/11/19 | City of Coventry Winter Open Meet            | Coventry    | WM192140 | 3     |
| 200 Individual Medley | 2:33.21 | 2:30.60         | 411       | 11/12/22 | Derbyshire ASA LC Competition 2022 Level 1   | Sheffield   | EM222033 | 1     |
| 400 Individual Medley | 5:35.10 | 5:29.80         | 378       | 23/11/19 | City of Coventry Winter Open Meet            | Coventry    | WM192140 | 3     |

Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet   | Venue   | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|--|---------|----------|-------|
| 50 Freestyle          | 28.21   | 28.90           | 364       | 15/03/20 | 37th City of Derby Licensed Short Course Open Meet | Matlock | EM200407 | 3     |
| 100 Freestyle         | 59.41   | 1:00.80         | 429       | 16/10/22 | City of Derby SC Club Championships 2022           | Derby   | EM222124 | 4     |
| 200 Freestyle         | 2:12.59 | 2:15.20         | 420       | 14/03/20 | 37th City of Derby Licensed Short Course Open Meet | Matlock | EM200407 | 3     |
| 400 Freestyle         | 4:42.43 | 4:47.40         | 424       | 16/02/20 | Derbyshire ASA County Championships 2020           | Matlock | EM200327 | 2     |
| 800 Freestyle         | 9:48.43 | 9:58.20         | 427       | 15/02/20 | Derbyshire ASA County Championships 2020           | Matlock | EM200327 | 2     |
| 50 Breaststroke       | 35.61   | 36.50           | 343       | 24/10/21 | City of Derby Swimming Club Championships          | Derby   | EM210990 | 4     |
| 100 Breaststroke      | 1:16.67 | 1:18.30         | 374       | 16/10/22 | City of Derby SC Club Championships 2022           | Derby   | EM222124 | 4     |
| 200 Breaststroke      | 2:49.07 | 2:52.20         | 358       | 17/10/21 | City of Derby Swimming Club Championships          | Derby   | EM210989 | 4     |
| 50 Butterfly          | 29.61   | 30.20           | 396       | 09/01/22 | City of Derby L4 Time Trial 2022                   | Derby   | EM220214 | 4     |
| 100 Butterfly         | 1:06.66 | 1:07.80         | 368       | 04/12/21 | Chesterfield SC Winter Open Championships 2021     | Matlock | EM211450 | 3     |
| 200 Butterfly         | 2:44.85 | 2:46.80         | 272       | 14/07/19 | Chesterfield Summer Splash                         | Matlock | EM190326 | 3     |
| 50 Backstroke         | 30.43   | 31.10           | 383       | 16/10/22 | City of Derby SC Club Championships 2022           | Derby   | EM222124 | 4     |
| 100 Backstroke        | 1:07.89 | 1:09.10         | 360       | 15/03/20 | 37th City of Derby Licensed Short Course Open Meet | Matlock | EM200407 | 3     |
| 200 Backstroke        | 2:24.43 | 2:26.70         | 391       | 15/03/20 | 37th City of Derby Licensed Short Course Open Meet | Matlock | EM200407 | 3     |
| 200 Individual Medley | 2:25.25 | 2:27.90         | 429       | 14/03/20 | 37th City of Derby Licensed Short Course Open Meet | Matlock | EM200407 | 3     |
| 400 Individual Medley | 5:33.09 | 5:38.30         | 350       | 28/10/22 | City of Derby SC Long Distance Club Champs 2022    | Derby   | EM222126 | 4     |
| 100 Individual Medley | 1:07.66 | 1:07.70         | 386       | 09/01/22 | City of Derby L4 Time Trial 2022                   | Derby   | EM220214 | 4     |