

# Individual Best Times (All Time)

Lucy Jupp - (1182923) - Westhill District ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:16.32	1:15.20	311	09/06/19	Dyce Graded LC & SDS National Champs 2019	Aberdeen	SCO1676	1
50 Breaststroke	46.27	45.60	250	28/05/17	North District Long Course Time Trials 2017	Aberdeen	SCO1299	1
100 Breaststroke	1:38.38	1:37.10	276	03/02/18	North District Age Group Championships 2018	Aberdeen	SCO1414	1
200 Breaststroke	3:30.72	3:28.20	278	06/02/18	North District Age Group Championships 2018	Aberdeen	SCO1414	1
50 Butterfly	44.17	43.70	169	11/06/17	Hunting Trophy & SDS National Champs	Aberdeen	SCO1312	2
100 Butterfly	1:45.85	1:45.10	143	10/06/18	Dyce LC Meet 2018	Aberdeen	SCO1484	2
50 Backstroke	39.19	38.70	321	05/02/18	North District Age Group Championships 2018	Aberdeen	SCO1414	1
100 Backstroke	1:24.41	1:23.50	313	09/06/19	Dyce Graded LC & SDS National Champs 2019	Aberdeen	SCO1676	1
200 Backstroke	3:00.93	2:59.10	315	04/02/18	North District Age Group Championships 2018	Aberdeen	SCO1414	1
200 Individual Medley	3:02.56	3:00.40	329	03/02/18	North District Age Group Championships 2018	Aberdeen	SCO1414	1
400 Individual Medley	6:32.81	6:28.30	310	05/02/18	North District Age Group Championships 2018	Aberdeen	SCO1414	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.53	36.10	268	15/10/17	Garioch ASC G200 2017	Inverurie	SCO1358	2
100 Freestyle	1:17.41	1:18.50	273	12/05/18	Ythan ASC - Annual Meet	Ellon	SCO1463	2
200 Freestyle	2:48.53	2:50.60	280	12/10/19	Garioch 200	Inverurie	SCO1722	2
400 Freestyle	5:46.75	5:50.80	296	24/06/18	ND Development Meet 2018	Inverness	SCO1493	2
50 Breaststroke	45.23	45.90	246	02/11/19	AASC Nifty Fifties 2019	Aberdeen	SCO1732	2
100 Breaststroke	1:35.87	1:37.20	275	12/05/18	Ythan ASC - Annual Meet	Ellon	SCO1463	2
200 Breaststroke	3:20.84	3:23.50	300	24/06/18	ND Development Meet 2018	Inverness	SCO1493	2
50 Butterfly	42.34	42.80	190	14/10/17	Garioch ASC G200 2017	Inverurie	SCO1358	2
100 Butterfly	1:44.25	1:45.00	139	12/05/18	Ythan ASC - Annual Meet	Ellon	SCO1463	2
200 Butterfly	3:44.63	3:46.00	150	21/04/19	Alford Otters 7th 200 Meet	Fraserburgh	SCO1641	2
50 Backstroke	40.10	40.60	249	14/10/17	Garioch ASC G200 2017	Inverurie	SCO1358	2
100 Backstroke	1:22.47	1:23.40	294	08/09/19	Cults Otters ASC Challenge Trophy 2019	Cults	SCO1703	2
200 Backstroke	2:54.23	2:56.10	318	10/03/19	Aberdeen Development Series R2 2019	Aberdeen	SCO1620	2
200 Individual Medley	3:00.59	3:02.80	307	23/06/18	ND Development Meet 2018	Inverness	SCO1493	2
400 Individual Medley	6:22.36	6:26.90	310	23/06/18	ND Development Meet 2018	Inverness	SCO1493	2
100 Individual Medley	1:25.50	1:25.50	288	12/05/18	Ythan ASC - Annual Meet	Ellon	SCO1463	2