

Individual Best Times (All Time)

Kirsty Duffin - (1180877) - Morpeth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	38.88	38.10	421	25/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170190	1
100 Breaststroke	1:22.13	1:20.60	476	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170189	1
200 Breaststroke	3:00.43	2:57.50	443	25/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170190	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.72	31.40	415	18/11/17	Tynemouth ASC Winter Gala	Tynemouth	NE172171	3
100 Freestyle	1:07.51	1:08.70	412	03/12/17	Blyth Xmas Cracker 2017	Blyth	NE172011	3
200 Freestyle	2:26.37	2:28.70	428	30/06/17	Alnwick Dolphins Club Championships	Alnwick	NE171466	4
400 Freestyle	5:19.35	5:23.70	379	08/07/16	Alnwick Dolphins 2016 Club Championships	Alnwick	NE161592	4
50 Breaststroke	38.06	38.90	414	30/10/16	Chester le Street Junior Meet 2016	Chester-le-Street	NE161614	3
100 Breaststroke	1:21.40	1:22.90	449	11/03/17	Tynemouth Spring Gala	Tynemouth	NE170400	3
200 Breaststroke	2:54.61	2:57.60	457	11/03/17	Tynemouth Spring Gala	Tynemouth	NE170400	3
50 Butterfly	33.21	33.80	395	25/11/18	Alnwick Dolphins Northumberland Club Invitational	Alnwick	NE182555	3
100 Butterfly	1:13.80	1:14.80	392	03/12/17	Blyth Xmas Cracker 2017	Blyth	NE172011	3
50 Backstroke	37.61	38.10	302	05/12/15	Derwentside Christmas Cracker	Stanley	NE150753	3
100 Backstroke	1:24.54	1:25.50	273	11/10/15	Durham City Medley Challenge	Durham	NE150369	3
200 Backstroke	2:46.30	2:48.30	365	01/07/17	Alnwick Dolphins Club Championships	Alnwick	NE171466	4
200 Individual Medley	2:43.02	2:45.40	417	02/07/17	Alnwick Dolphins Club Championships	Alnwick	NE171466	4
100 Individual Medley	1:16.31	1:16.30	406	30/09/18	South Tyneside Autumn Meet 2018	South Shields	NE182121	3