

Individual Best Times (All Time)

Saskia Wade - (1180089) - City Of Glasgow Swim Team

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.00	26.20	668	25/07/19	British Summer Championships	Glasgow	BSW011	1
100 Freestyle	59.41	58.00	659	30/06/19	Scottish National Open Championships	Aberdeen	SCO1689	1
200 Freestyle	2:12.23	2:09.60	621	02/02/19	2019 SS West District LC Senior Age Group Champs	Glasgow	SCO1590	1
400 Freestyle	4:49.27	4:44.40	538	29/06/19	Scottish National Open Championships	Aberdeen	SCO1689	1
1500 Freestyle	20:27.79	20:10.80	421	05/03/17	2017 SASA West District LC AG R3 Championship	East Kilbride	SCO1257	1
50 Breaststroke	34.40	33.50	609	14/03/20	Edinburgh International	Edinburgh	SCO1813	1
100 Breaststroke	1:14.46	1:12.80	638	16/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
200 Breaststroke	2:42.37	2:39.10	607	25/02/22	McCullagh International Meet	Bangor	GBR1621	1
50 Butterfly	30.27	29.60	525	14/07/19	Scottish Summer Meet	RCP Edinburgh	SCO1690	1
100 Butterfly	1:09.60	1:08.50	506	14/07/18	Scottish Summer Meet 2018	Aberdeen	SCO1497	1
200 Butterfly	2:38.42	2:36.40	454	11/01/20	2020 WD Long Course Championships - WE1	Tollcross	SCO1782	1
50 Backstroke	31.94	31.30	594	01/02/20	2020 WD Long Course Championships - WE2	Tollcross	SCO1783	1
100 Backstroke	1:09.99	1:08.80	549	29/04/18	University of Aberdeen International Open	Aberdeen	SCO1452	1
200 Backstroke	2:35.12	2:33.00	500	14/01/18	City of Sunderland New Year Meet 2018	Sunderland	NE180380	1
200 Individual Medley	2:28.16	2:25.50	616	22/02/20	McCullagh International Meet	Bangor	INT385	1
400 Individual Medley	5:27.46	5:22.00	535	12/01/20	2020 WD Long Course Championships - WE1	Tollcross	SCO1782	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.44	27.20	652	11/12/21	Scottish National Winter SC Championships	Edinburgh	SCO1834	2
100 Freestyle	57.23	58.70	676	17/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
200 Freestyle	2:07.00	2:09.70	655	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
400 Freestyle	4:38.39	4:43.40	573	02/11/19	REN96 Open Meet	Linwood	SCO1742	2
50 Breaststroke	33.67	34.60	598	10/12/21	Scottish National Winter SC Championships	Edinburgh	SCO1834	2
100 Breaststroke	1:12.38	1:14.10	639	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
200 Breaststroke	2:37.51	2:40.80	623	17/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
50 Butterfly	30.49	31.10	511	04/11/18	North District Open Championships 2018	Aberdeen	SCO1538	2
100 Butterfly	1:08.00	1:09.10	502	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
200 Butterfly	2:32.82	2:34.90	479	18/11/18	2018 SS West District SC Junior Age Group Champs	Glasgow	SCO1554	2
50 Backstroke	30.70	31.30	556	03/11/18	North District Open Championships 2018	Aberdeen	SCO1538	2
100 Backstroke	1:08.23	1:09.40	520	05/11/17	North District Open Championships 2017	Inverness	SCO1360	1
200 Backstroke	2:42.37	2:44.40	393	12/11/16	2016 SASA West District SC JAG Championship	Cumbernauld	SCO1198	1
200 Individual Medley	2:25.63	2:28.30	585	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
400 Individual Medley	5:47.65	5:52.70	413	03/09/16	North Ayrshire Distance Meet	Stevenston	SCO1164	2
100 Individual Medley	1:07.72	1:07.70	581	11/12/22	Scottish National Short Course Meet 2022	Edinburgh	SCO1961	2