

Individual Best Times (All Time)

Emma Parmenter - (1179160) - Havant & Waterlooville SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.74	34.10	313	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
100 Freestyle	1:18.81	1:17.70	282	09/03/19	Windsor LC Level 3 Regional Chaser Open Meet	Guildford	SE190318	3
200 Freestyle	2:57.68	2:55.70	256	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
50 Breaststroke	41.87	41.10	337	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
100 Breaststroke	1:37.36	1:36.10	285	15/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
50 Backstroke	42.94	42.50	244	09/03/19	Windsor LC Level 3 Regional Chaser Open Meet	Guildford	SE190318	3
100 Backstroke	1:34.97	1:34.10	219	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.69	34.30	315	13/10/18	Havant & Waterlooville Club Championships 2018	Waterlooville	SE182346	4
100 Freestyle	1:15.04	1:16.10	300	30/06/19	Maidenhead Marlins Regional Qualifier Level 3 Meet	Maidenhead	SE191377	3
200 Freestyle	2:47.64	2:49.70	284	02/03/19	18th City of Southampton Open Meet	Southampton	SE190012	3
400 Freestyle	5:53.46	5:57.40	280	12/10/18	Havant & Waterlooville Club Championships 2018	Waterlooville	SE182346	4
50 Breaststroke	40.95	41.70	332	02/12/18	Havant & Waterlooville SC Peter Bull Open Meet	Waterlooville	SE182480	3
100 Breaststroke	1:33.75	1:35.10	294	01/07/18	Hampshire County Developments Competition 2018	Waterlooville	SE181575	3
200 Breaststroke	3:36.14	3:38.60	241	02/07/17	Hampshire County Development Competition 2017	Waterlooville	SE171508	3
50 Butterfly	38.00	38.50	264	30/06/19	Maidenhead Marlins Regional Qualifier Level 3 Meet	Maidenhead	SE191377	3
50 Backstroke	41.38	41.90	227	30/06/19	Maidenhead Marlins Regional Qualifier Level 3 Meet	Maidenhead	SE191377	3
100 Backstroke	1:27.35	1:28.30	248	01/12/18	Havant & Waterlooville SC Peter Bull Open Meet	Waterlooville	SE182480	3
200 Individual Medley	3:09.13	3:11.20	267	30/06/19	Maidenhead Marlins Regional Qualifier Level 3 Meet	Maidenhead	SE191377	3
400 Individual Medley	6:43.22	6:47.60	264	19/10/18	Havant & Waterlooville Club Championships 2018	Waterlooville	SE182347	4
100 Individual Medley	1:27.68	1:27.70	267	02/12/18	Havant & Waterlooville SC Peter Bull Open Meet	Waterlooville	SE182480	3