

Individual Best Times (All Time)

Thomas Parmenter - (1179158) - Havant & Waterlooville SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.35	28.60	361	07/03/20	WSC LC Level 3 Regional Chaser Open Meet	Surrey Sports Park	SE200552	3
100 Freestyle	1:02.81	1:01.50	415	09/03/19	Windsor LC Level 3 Regional Chaser Open Meet	Guildford	SE190318	3
200 Freestyle	2:23.27	2:20.80	360	07/12/19	PN Christmas Last Chance County Qualifier	Portsmouth	SE192815	3
50 Breaststroke	36.21	35.30	368	07/12/19	PN Christmas Last Chance County Qualifier	Portsmouth	SE192815	3
100 Breaststroke	1:21.41	1:19.80	341	07/03/20	WSC LC Level 3 Regional Chaser Open Meet	Surrey Sports Park	SE200552	3
200 Breaststroke	2:52.83	2:49.70	382	08/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
50 Butterfly	32.54	32.00	320	08/12/19	PN Christmas Last Chance County Qualifier	Portsmouth	SE192815	3
50 Backstroke	33.06	32.40	361	09/03/19	Windsor LC Level 3 Regional Chaser Open Meet	Guildford	SE190318	3
100 Backstroke	1:09.99	1:08.80	400	09/03/19	Windsor LC Level 3 Regional Chaser Open Meet	Guildford	SE190318	3
200 Backstroke	2:32.46	2:30.30	395	14/07/18	Portsmouth Northsea End of Season Meet 2018	Mountbatten SC	SE180605	3
200 Individual Medley	2:37.65	2:35.10	378	07/03/20	WSC LC Level 3 Regional Chaser Open Meet	Surrey Sports Park	SE200552	3
400 Individual Medley	5:54.14	5:49.10	321	04/11/17	Welsh Capital Open Meet 2017	Cardiff	WL171071	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.29	29.00	361	12/10/19	Havant & Waterlooville Club Championships 2019	Waterlooville	SE193108	4
100 Freestyle	1:01.40	1:02.70	389	23/06/19	Havant & Waterlooville Swim Out Of Your Skin Open	Waterlooville	SE191638	3
200 Freestyle	2:14.85	2:17.40	400	02/03/19	18th City of Southampton Open Meet	Southampton	SE190012	3
400 Freestyle	5:00.91	5:05.50	350	12/10/18	Havant & Waterlooville Club Championships 2018	Waterlooville	SE182346	4
1500 Freestyle	21:11.01	21:27.20	295	17/12/16	Havant & Waterlooville Joint Distance Meet 2016	Waterlooville	SE162572	4
50 Breaststroke	34.83	35.70	367	16/02/20	Fareham Nomads Valentines Meet	Waterlooville	SE200262	3
100 Breaststroke	1:17.38	1:19.00	364	14/03/20	Forest of Bere Regional Chaser 2020	Waterlooville	SE200291	3
200 Breaststroke	2:46.64	2:49.80	374	14/03/20	Forest of Bere Regional Chaser 2020	Waterlooville	SE200291	3
50 Butterfly	33.87	34.40	264	02/03/19	18th City of Southampton Open Meet	Southampton	SE190012	3
50 Backstroke	32.31	32.90	320	16/03/19	Forest of Bere Regional Chaser Meet	Waterlooville	SE190315	3
100 Backstroke	1:07.39	1:08.60	368	16/03/19	Forest of Bere Regional Chaser Meet	Waterlooville	SE190315	3
200 Backstroke	2:22.45	2:24.80	407	13/10/18	Havant & Waterlooville Club Championships 2018	Waterlooville	SE182346	4
200 Individual Medley	2:28.19	2:30.80	404	23/06/19	Havant & Waterlooville Swim Out Of Your Skin Open	Waterlooville	SE191638	3
400 Individual Medley	5:21.51	5:26.90	389	11/10/19	Havant & Waterlooville Club Championships 2019	Waterlooville	SE193108	4
100 Individual Medley	1:13.25	1:13.30	304	20/10/18	Havant & Waterlooville Club Championships 2018	Waterlooville	SE182347	4