

# Individual Best Times (All Time)

Matthew Warrilow - (1178400) - Stockport Metro SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.48	27.70	395	15/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1
100 Freestyle	1:04.86	1:03.60	377	13/07/19	DX Summer Spectacular Sprint Meet	Sheffield	EM190548	3
200 Freestyle	2:36.46	2:34.20	277	01/07/17	2nd Summer Spectacular Sprint Meet	Sheffield	EM170277	3
50 Breaststroke	41.47	40.70	245	13/07/19	DX Summer Spectacular Sprint Meet	Sheffield	EM190548	3
50 Butterfly	32.91	32.30	309	15/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1
50 Backstroke	35.48	34.90	292	14/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1
200 Individual Medley	3:13.73	3:11.70	203	01/07/17	2nd Summer Spectacular Sprint Meet	Sheffield	EM170277	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.23	29.00	364	08/06/19	Stockport Metro Mini Meet Grand Prix	Stockport	NW190339	3
100 Freestyle	1:03.99	1:05.30	344	29/02/20	Greater Manchester Age Group Meet 2020	Wigan	NW200026	3
200 Freestyle	2:26.45	2:28.80	312	15/06/19	Stockport Metro Mini Meet Grand Prix	Stockport	NW190340	3
400 Freestyle	5:33.88	5:38.10	256	30/09/17	Greater Manchester Autumn Meet 2017	Wigan	NW170835	3
50 Breaststroke	38.34	39.20	275	15/06/19	Stockport Metro Mini Meet Grand Prix	Stockport	NW190340	3
100 Breaststroke	1:35.01	1:36.30	196	07/10/17	Great Manchester Autumn Meet 2017	Wigan	NW170836	3
200 Breaststroke	4:08.71	4:10.80	112	27/09/15	Greater Manchester Autumn Meet 2015	Wigan	NW150440	3
50 Butterfly	31.64	32.20	324	01/12/21	Stockport Metro Wolfpack Series	Stockport	NW211334	4
100 Butterfly	1:12.69	1:13.70	283	29/02/20	Greater Manchester Age Group Meet 2020	Wigan	NW200026	3
50 Backstroke	33.48	34.10	288	15/06/19	Stockport Metro Mini Meet Grand Prix	Stockport	NW190340	3
100 Backstroke	1:51.59	1:52.30	81	19/10/14	Greater Manchester Autumn Meet 2014	Wigan	NW4463	3
200 Individual Medley	2:48.64	2:51.00	274	08/06/19	Stockport Metro Mini Meet Grand Prix	Stockport	NW190339	3
100 Individual Medley	1:14.64	1:14.60	287	06/10/19	Greater Manchester Autumn Meet 2019	Wigan Life Centre	NW192374	3