

Individual Best Times (All Time)

Alicia Slater - (1178002) - Broomfield Park SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.49	28.80	513	04/07/17	Maccabiah World Championships 2017	Israel	GBR552	1
100 Freestyle	1:03.49	1:02.20	540	09/07/17	Maccabiah World Championships 2017	Israel	GBR552	1
200 Freestyle	2:19.17	2:16.70	533	26/11/16	Romford Town County Qualifiers Meet 2016	London	LR161745	3
400 Freestyle	4:54.48	4:49.70	510	09/07/17	Maccabiah World Championships 2017	Israel	GBR552	1
50 Butterfly	31.74	31.10	455	15/04/17	BPSC Easter Meet 2017	Basildon	ER170182	1
100 Butterfly	1:14.14	1:13.10	419	25/03/17	MCASA Open Meet	London	LR170009	1
50 Backstroke	33.23	32.60	528	25/03/17	MCASA Open Meet	London	LR170009	1
100 Backstroke	1:11.26	1:10.10	520	09/07/17	Maccabiah World Championships 2017	Israel	GBR552	1
200 Backstroke	2:36.63	2:34.50	485	15/04/17	BPSC Easter Meet 2017	Basildon	ER170182	1
200 Individual Medley	2:44.35	2:41.90	451	09/07/17	Maccabiah World Championships 2017	Israel	GBR552	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.84	29.60	502	26/02/17	ESC February L3 Open	Northolt	LR170029	3
100 Freestyle	1:02.72	1:04.00	514	26/02/17	ESC February L3 Open	Northolt	LR170029	3
200 Freestyle	2:17.13	2:19.60	520	25/02/17	ESC February L3 Open	Northolt	LR170029	3
400 Freestyle	4:49.01	4:53.80	512	25/02/17	ESC February L3 Open	Northolt	LR170029	3
50 Butterfly	32.28	32.90	430	12/03/16	Potters Bar Spring Open Meet 2016	Borehamwood	ER160151	3
100 Butterfly	1:12.58	1:13.60	412	25/02/17	ESC February L3 Open	Northolt	LR170029	3
200 Butterfly	2:50.66	2:52.50	344	11/04/15	Sudbury Spring Two Day Open Meet	Sudbury	ER150317	3
50 Backstroke	32.53	33.10	467	25/01/16	Hertfordshire County Championships	Borehamwood	ER160308	2
100 Backstroke	1:09.66	1:10.80	489	26/02/17	ESC February L3 Open	Northolt	LR170029	3
200 Backstroke	2:34.17	2:36.30	459	11/03/17	BPSC Spring Time Trial Event 2017	Basildon	ER170019	3
200 Individual Medley	2:46.75	2:49.10	390	13/12/15	Hertsmere Flyers Last Chance County Qualifier	Borehamwood	ER151658	3
100 Individual Medley	1:16.14	1:16.10	408	19/09/15	7th Hoddesdon Open Meet	Borehamwood	ER150483	3