

# Individual Best Times (All Time)

Ella Bryn-Jones - (1177655) - Brompton SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
100 Freestyle	1:28.54	1:29.50	182	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	LR4850	4
200 Freestyle	3:21.34	3:23.10	164	30/11/13	Brompton Mid Distance Championships	Fulham	LR31017	4
50 Breaststroke	50.20	50.80	180	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	LR4850	4
100 Breaststroke	1:48.24	1:49.40	191	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	LR4850	4
200 Breaststroke	3:47.57	3:49.90	206	30/11/13	Brompton Mid Distance Championships	Fulham	LR31017	4
50 Butterfly	46.31	46.70	145	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	LR4850	4
200 Individual Medley	3:48.53	3:50.30	151	30/11/13	Brompton Mid Distance Championships	Fulham	LR31017	4
100 Individual Medley	1:41.02	1:41.00	175	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	LR4850	4