

Individual Best Times (All Time)

Jonathan Lazarov - (1176699) - Epping Forest Dist SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.63	28.90	351	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
100 Freestyle	1:08.42	1:07.20	321	21/04/19	BPSC Easter Meet 2019	Basildon	ER190188	1
200 Freestyle	2:39.33	2:37.10	262	21/04/19	BPSC Easter Meet 2019	Basildon	ER190188	1
50 Breaststroke	48.90	48.20	149	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
100 Breaststroke	2:06.74	2:05.70	90	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
50 Butterfly	37.45	36.90	210	21/04/19	BPSC Easter Meet 2019	Basildon	ER190188	1
100 Butterfly	1:56.63	1:56.00	76	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
50 Backstroke	37.47	36.90	248	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
100 Backstroke	1:22.46	1:21.50	245	20/04/19	BPSC Easter Meet 2019	Basildon	ER190188	1
200 Backstroke	3:05.52	3:03.70	219	22/01/17	Essex Age Group Championships 2017	Basildon	ER170022	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.48	30.20	319	15/06/19	8th Eric Shepherd Open Meet	Harlow	ER191328	3
100 Freestyle	1:06.38	1:07.60	308	15/06/19	8th Eric Shepherd Open Meet	Harlow	ER191328	3
200 Freestyle	2:32.58	2:34.80	276	15/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	LR180796	3
400 Freestyle	5:26.90	5:31.20	273	24/03/18	Lon Bor of Redbridge Last Chance Regional Quals	Lon Bor of Redbridge	LR180313	3
50 Breaststroke	42.86	43.60	197	15/06/19	8th Eric Shepherd Open Meet	Harlow	ER191328	3
100 Breaststroke	1:36.20	1:37.50	189	09/12/18	Epping Forest Internal Club Champs 2018	Loughton	ER182801	4
200 Breaststroke	3:36.45	3:38.90	171	03/12/17	Epping Forest Internal Club Champs	Loughton	ER172209	4
50 Butterfly	36.75	37.30	207	15/06/19	8th Eric Shepherd Open Meet	Harlow	ER191328	3
100 Butterfly	1:26.31	1:27.20	169	11/11/18	Epping Forest Internal Club Champs 2018	Loughton	ER181658	4
50 Backstroke	37.32	37.90	207	15/06/19	8th Eric Shepherd Open Meet	Harlow	ER191328	3
100 Backstroke	1:19.71	1:20.70	222	23/09/18	Epping Forest District Season Opener Gala 2018	Loughton	ER181167	3
200 Backstroke	2:56.20	2:58.10	215	09/09/18	Epping Forest Internal Club Champs 2018	Loughton	ER181655	4
200 Individual Medley	2:57.06	2:59.30	237	11/11/18	Epping Forest Internal Club Champs 2018	Loughton	ER181658	4
100 Individual Medley	1:22.61	1:22.60	212	09/12/18	Epping Forest Internal Club Champs 2018	Loughton	ER182801	4