

Individual Best Times (All Time)

Jamie Tappin - (1176650) - Guildford City Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.15	24.30	574	04/05/24	SE South East Region LC Championships 2024	High Wycombe	SE240686	1
100 Freestyle	56.73	55.20	563	21/05/23	Portsmouth Northsea Nationals Last Chance 2023	Mountbatten Centre	SE230699	1
200 Freestyle	2:04.02	2:01.20	556	12/03/23	Wycombe LC Premier Meet 2023	High Wycombe	SE230318	1
400 Freestyle	4:33.47	4:28.30	521	10/04/22	Guildford City SC Spring Open Meet	Guildford	SE220220	1
800 Freestyle	9:24.64	9:14.30	513	11/03/23	Wycombe LC Premier Meet 2023	High Wycombe	SE230318	1
1500 Freestyle	18:13.43	17:54.40	505	06/04/23	Portsmouth Northsea SC Easter Meet 2023	Portsmouth	SE230029	1
50 Breaststroke	43.36	42.60	214	09/04/22	Guildford City SC Spring Open Meet	Guildford	SE220220	1
50 Butterfly	28.27	27.60	488	12/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	LR240632	1
100 Butterfly	1:07.23	1:06.10	397	23/03/24	Guildford City L1 Spring Open Meet 2024	Guildford	SE240177	1
200 Butterfly	2:32.05	2:30.00	382	04/02/23	Surrey County Age Group Championships 2023	Guildford	SE230015	1
50 Backstroke	33.19	32.60	357	10/04/22	Guildford City SC Spring Open Meet	Guildford	SE220220	1
100 Backstroke	1:13.58	1:12.50	344	26/02/22	Surrey County Age Group Championships 2022	Guildford	LR220178	1
200 Backstroke	2:35.90	2:33.70	369	22/01/23	Surrey County Age Group Championships 2023	Guildford	SE230014	1
200 Individual Medley	2:37.15	2:34.60	381	10/07/22	Guildford City SC Long Course Summer Open Meet	Surrey Sport Park	SE221338	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.38	25.20	565	22/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
100 Freestyle	54.62	56.10	553	17/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
200 Freestyle	2:02.04	2:04.80	539	18/12/22	Hillingdon SC Fast & Festive Winter Meet 2022	Hillingdon	LR222257	3
400 Freestyle	4:21.46	4:26.80	534	18/06/22	Hatfield SC Summer Meet	Hatfield	ER220255	2
800 Freestyle	9:09.42	9:19.80	525	28/05/22	Guildford City SC Distance Time Trials	Surrey Sports Park	SE221277	4
1500 Freestyle	17:33.00	17:52.40	520	18/11/22	Guildford City SC Level 2 Winter Open	Guildford	SE220865	2
50 Breaststroke	39.83	40.60	245	04/05/21	Guildford City	Surrey Sports Park	LEX999	0
100 Breaststroke	1:31.11	1:32.50	223	03/11/20	Guildford City	Surrey Sports Park	LEX355	0
200 Breaststroke	3:15.99	3:18.70	230	24/05/21	Guildford City	Surrey Sports Park	LEX1382	0
50 Butterfly	26.91	27.60	528	22/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
100 Butterfly	1:03.54	1:04.70	425	16/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
200 Butterfly	2:22.83	2:25.00	418	17/12/22	Hillingdon SC Fast & Festive Winter Meet 2022	Hillingdon	LR222257	3
50 Backstroke	31.15	31.80	357	26/11/23	Guildford City L3 County Qualifier 2023	Guildford	SE231819	3
100 Backstroke	1:09.53	1:10.70	335	15/10/22	The Winchester Autumn Qualifier	Winchester	SE221723	2
200 Backstroke	2:23.55	2:25.90	398	16/10/22	The Winchester Autumn Qualifier	Winchester	SE221723	2
200 Individual Medley	2:24.09	2:26.80	440	26/11/23	Guildford City L3 County Qualifier 2023	Guildford	SE231819	3
400 Individual Medley	6:24.72	6:29.30	227	04/12/17	Guildford Squad Time Trials	Surrey	SE171992	4