

Individual Best Times (All Time)

Ella Harrison - (1175701) - City of Sunderland ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.92	36.30	261	09/07/16	City of Sunderland Summer Splash 2016	Sunderland	NE160857	3
50 Breaststroke	50.15	49.50	196	09/07/16	City of Sunderland Summer Splash 2016	Sunderland	NE160857	3
100 Breaststroke	1:48.55	1:47.40	206	09/07/16	City of Sunderland Summer Splash 2016	Sunderland	NE160857	3
200 Breaststroke	3:48.36	3:46.00	218	10/07/16	City of Sunderland Summer Splash 2016	Sunderland	NE160857	3
50 Butterfly	43.45	43.00	177	10/07/16	City of Sunderland Summer Splash 2016	Sunderland	NE160857	3
50 Backstroke	45.29	44.80	208	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
100 Backstroke	1:41.35	1:40.60	180	09/07/16	City of Sunderland Summer Splash 2016	Sunderland	NE160857	3
200 Backstroke	3:24.64	3:23.00	217	10/07/16	City of Sunderland Summer Splash 2016	Sunderland	NE160857	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.91	37.50	239	04/06/16	Derwentside 7th Annual Charity Swim Meet 2016	Stanley	NE160129	3
100 Freestyle	1:18.83	1:19.90	259	15/05/16	Wear Valley Level 3 Meet May 2016	Bishop Auckland	NE160597	3
200 Freestyle	2:56.73	2:58.70	243	20/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	NE160354	3
50 Breaststroke	48.50	49.10	200	10/04/16	Gateshead & Whickham Spring Meet	Dunston	NE160595	3
100 Breaststroke	1:43.17	1:44.40	220	14/05/16	Wear Valley Level 3 Meet May 2016	Bishop Auckland	NE160597	3
200 Breaststroke	3:40.29	3:42.70	227	15/05/16	Wear Valley Level 3 Meet May 2016	Bishop Auckland	NE160597	3
50 Butterfly	41.55	42.00	202	15/05/16	Wear Valley Level 3 Meet May 2016	Bishop Auckland	NE160597	3
50 Backstroke	43.02	43.50	202	10/04/16	Gateshead & Whickham Spring Meet	Dunston	NE160595	3
100 Backstroke	1:29.32	1:30.20	232	15/05/16	Wear Valley Level 3 Meet May 2016	Bishop Auckland	NE160597	3
200 Backstroke	3:13.70	3:15.40	231	21/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	NE160354	3
200 Individual Medley	3:24.40	3:26.30	211	20/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	NE160354	3
100 Individual Medley	1:34.50	1:34.50	213	14/05/16	Wear Valley Level 3 Meet May 2016	Bishop Auckland	NE160597	3