

Individual Best Times (All Time)

Lauryn Ventress - (1175697) - City of Sunderland ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	44.21	44.70	139	13/04/14	South Tyneside Spring Meet	South Shields	NE4405	3
50 Breaststroke	1:08.15	1:08.60	72	12/01/14	South Tyneside Sprint Meet	South Shields	NE4309	3
50 Butterfly	1:02.99	1:03.30	57	14/12/13	Middlesborough ASC Junior Christmas Gala	Middlesborough	NE3315	3
50 Backstroke	46.38	46.80	161	06/07/14	Peterlee ASC Annual Graded Gala	Stanley	NE4067	3