

Individual Best Times (All Time)

Blair James Kennedy - (1175276) - Rutherglen ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.12	28.40	370	22/09/19	City of Sheffield Swim Squad Teaspoon Gala	Sheffield	NE190405	3
100 Freestyle	1:09.78	1:08.60	302	04/02/18	2018 SS West District LC Age Group Championships	East Kilbride	SCO1409	1
200 Freestyle	2:27.96	2:25.60	327	17/02/18	2018 WD Long Course Championships - Round 2	Glasgow	SCO1423	1
400 Freestyle	5:03.16	4:58.50	382	12/01/19	2019 SS West District LC Senior Age Group Champs	Glasgow	SCO1587	1
800 Freestyle	10:58.68	10:49.80	323	13/01/18	2018 SS West District LC January Age Group Meet	East Kilbride	SCO1400	1
1500 Freestyle	26:01.53	25:48.20	173	08/02/15	SASA West District JAG Championship	East Kilbride	SCO936	1
50 Breaststroke	39.04	38.20	293	22/09/19	City of Sheffield Swim Squad Teaspoon Gala	Sheffield	NE190405	3
100 Breaststroke	1:26.92	1:25.50	280	13/01/19	2019 SS West District LC Senior Age Group Champs	Glasgow	SCO1587	1
50 Butterfly	30.22	29.60	400	02/02/20	2020 WD Long Course Championships - WE2	Tollcross	SCO1783	1
100 Butterfly	1:14.06	1:13.00	297	30/03/19	Scottish National Age Group Championships	Tollcross	SCO1637	1
50 Backstroke	31.43	30.80	420	01/02/20	2020 WD Long Course Championships - WE2	Tollcross	SCO1783	1
100 Backstroke	1:10.01	1:08.90	400	29/02/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	SCO1800	2
200 Backstroke	2:37.14	2:35.00	361	03/02/19	2019 SS West District LC Senior Age Group Champs	Glasgow	SCO1590	1
200 Individual Medley	2:43.21	2:40.80	340	01/04/18	Scottish National Age Group Championships	Tollcross	SCO1441	1
400 Individual Medley	5:50.68	5:45.60	330	31/03/18	Scottish National Age Group Championships	Tollcross	SCO1441	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.98	28.70	374	28/11/20	Tighinn Comhla	Various - Round 2	LXX006	0
100 Freestyle	1:01.75	1:03.10	382	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
200 Freestyle	2:18.70	2:21.20	367	21/04/19	Dumfries Spring Graded Meet 2019	Dumfries	SCO1640	2
400 Freestyle	5:01.40	5:06.00	349	10/02/18	North Ayrshire's 200 Meet	Auchenharvie	SCO1411	2
800 Freestyle	10:57.47	11:06.20	306	02/09/17	North Ayrshire Distance Meet	Portal	SCO1328	2
1500 Freestyle	22:14.04	22:29.50	255	13/11/16	2016 SASA West District SC JAG Championship	Cumbernauld	SCO1198	1
50 Breaststroke	36.88	37.70	309	07/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	SCO1713	1
100 Breaststroke	1:20.99	1:22.50	317	17/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
200 Breaststroke	3:24.32	3:26.90	203	07/10/17	Hearts Premier Age Group Meet	Prestonpans	SCO1345	2
50 Butterfly	31.02	31.60	344	08/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	SCO1713	1
100 Butterfly	1:10.43	1:11.50	312	24/02/19	East Kilbride SNAGS Time Trial Meet 2019	Larkhall	SCO1609	2
50 Backstroke	31.16	31.80	357	08/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	SCO1713	1
100 Backstroke	1:08.14	1:09.30	356	05/10/19	Clyde Coast Winter Championships	Clyde	SCO1719	2
200 Backstroke	2:27.55	2:29.80	366	01/06/19	RASC Summer Graded Meet 2019	Sir Matt Busby Sport	SCO1669	2
200 Individual Medley	2:30.20	2:32.80	388	17/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
400 Individual Medley	5:25.33	5:30.70	375	02/06/19	RASC Summer Graded Meet 2019	Sir Matt Busby Sport	SCO1669	2
100 Individual Medley	1:11.53	1:11.50	326	08/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	SCO1713	1