

# Individual Best Times (All Time)

Naomi Desbois - (1175163) - Haslemere Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.71	33.10	343	30/09/17	Lis Hartley Long Course Open Meet	Crawley	SE170538	3
50 Breaststroke	52.11	51.50	175	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
100 Breaststroke	1:40.53	1:39.30	259	30/09/17	Lis Hartley Long Course Open Meet	Crawley	SE170538	3
200 Breaststroke	4:03.14	4:00.90	181	12/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot	SE151059	3
50 Butterfly	47.89	47.50	132	12/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot	SE151059	3
100 Butterfly	1:58.76	1:58.10	101	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
50 Backstroke	40.30	39.80	296	30/09/17	Lis Hartley Long Course Open Meet	Crawley	SE170538	3
100 Backstroke	1:37.11	1:36.30	205	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
200 Individual Medley	3:37.49	3:35.70	194	12/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot	SE151059	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.04	33.70	334	28/04/19	Mark Menzies Meet April 2019	Haslemere	SE190469	3
100 Freestyle	1:13.82	1:14.90	315	28/04/19	Mark Menzies Meet April 2019	Haslemere	SE190469	3
200 Freestyle	2:41.20	2:43.30	320	24/06/18	HSC Club Championships	Haslemere	SE181637	4
400 Freestyle	7:23.37	7:26.50	141	04/10/15	Haslemere SC Club Championships 2015	Haslemere	SE151634	4
50 Breaststroke	43.90	44.60	269	24/06/19	Haslemere Club Championships 2019	Haslemere	SE192143	4
100 Breaststroke	1:32.43	1:33.80	307	04/11/18	Haslemere Swimming Club Autumn Sparkler	Haslemere	SE182158	3
200 Breaststroke	3:21.93	3:24.50	295	24/06/18	HSC Club Championships	Haslemere	SE181637	4
50 Butterfly	40.54	41.00	217	25/06/18	HSC Club Championships	Haslemere	SE181638	4
100 Butterfly	1:41.33	1:42.10	151	02/07/17	Haslemere Club Championships	Haslemere	SE171408	4
200 Butterfly	3:47.07	3:48.50	146	09/07/17	Haslemere Club Championships	Haslemere	SE171409	4
50 Backstroke	38.35	38.90	285	24/06/18	HSC Club Championships	Haslemere	SE181637	4
100 Backstroke	1:23.76	1:24.70	281	22/04/18	Haslemere Swimming Club Level 3 Meet	Haslemere	SE180663	3
200 Backstroke	2:58.96	3:00.80	293	25/06/18	HSC Club Championships	Haslemere	SE181638	4
200 Individual Medley	3:03.46	3:05.60	293	24/06/18	HSC Club Championships	Haslemere	SE181637	4
400 Individual Medley	7:20.77	7:24.80	202	29/11/15	Haslemere 400m Individual Medley Time Trials	Haslemere	SE152335	4
100 Individual Medley	1:25.12	1:25.10	292	25/06/18	HSC Club Championships	Haslemere	SE181638	4