## **Individual Best Times (All Time)**

Maisie Russell - (1172956) - Windsor SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.37	35.80	273	09/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
100 Freestyle	1:23.38	1:22.40	238	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
200 Freestyle	2:53.37	2:51.30	275	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
400 Freestyle	6:08.50	6:04.70	260	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
50 Breaststroke	51.46	50.80	181	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
50 Butterfly	41.63	41.20	202	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
100 Butterfly	1:40.42	1:39.70	168	09/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
50 Backstroke	43.48	43.00	235	09/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
100 Backstroke	1:34.28	1:33.40	224	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
200 Individual Medley	3:22.22	3:20.30	242	09/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.31	34.90	298	10/07/16	Guildford City July L3 Open Meet	Guildford	SE160979	3
100 Freestyle	1:18.71	1:19.80	260	08/05/16	Windsor Spring Level 3 Meet	Windsor	SE160877	3
200 Freestyle	2:48.01	2:50.10	283	12/03/16	Maxwell March L3 Meet	Aylesbury	SE160680	3
400 Freestyle	6:23.82	6:27.50	218	03/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	SE150634	2
800 Freestyle	12:01.57	12:09.60	289	09/06/16	Windsor Club Championships	Windsor	SE161461	4
50 Breaststroke	48.62	49.30	198	23/06/16	Windsor Club Championships	Windsor	SE161463	4
100 Breaststroke	1:42.97	1:44.20	222	26/06/16	Windsor Club Championships	Windsor	SE161463	4
50 Butterfly	39.37	39.90	237	10/07/16	Guildford City July L3 Open Meet	Guildford	SE160979	3
100 Butterfly	1:30.16	1:31.00	215	07/05/16	Windsor Spring Level 3 Meet	Windsor	SE160877	3
200 Butterfly	3:34.88	3:36.40	172	26/06/16	Windsor Club Championships	Windsor	SE161463	4
50 Backstroke	40.42	40.90	243	13/03/16	Maxwell March L3 Meet	Aylesbury	SE160680	3
100 Backstroke	1:26.55	1:27.50	255	10/07/16	Guildford City July L3 Open Meet	Guildford	SE160979	3
200 Backstroke	3:07.68	3:09.50	254	19/06/16	Windsor Club Championships	Windsor	SE161462	4
200 Individual Medley	3:11.07	3:13.10	259	12/06/16	Windsor Club Championships	Windsor	SE161461	4
400 Individual Medley	6:45.37	6:49.70	260	23/06/16	Windsor Club Championships	Windsor	SE161463	4
100 Individual Medley	1:29.79	1:29.80	249	13/03/16	Maxwell March L3 Meet	Aylesbury	SE160680	3

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