

# Individual Best Times (All Time)

Natasha Rycroft - (1171899) - Windsor SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.73	33.10	342	01/04/18	Beckenham SC 125th Anniversary International Open	London	LR180255	1
100 Freestyle	1:23.86	1:22.90	234	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
200 Freestyle	2:52.46	2:50.40	280	08/07/17	City of Bristol Summer Festival	Bristol	SW171112	3
50 Breaststroke	40.69	39.90	368	14/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180129	1
100 Breaststroke	1:34.00	1:32.60	317	28/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1
200 Breaststroke	3:20.76	3:18.10	321	31/03/18	Beckenham SC 125th Anniversary International Open	London	LR180255	1
50 Butterfly	36.95	36.40	289	01/04/18	Beckenham SC 125th Anniversary International Open	London	LR180255	1
100 Butterfly	1:32.00	1:31.20	219	08/07/17	City of Bristol Summer Festival	Bristol	SW171112	3
50 Backstroke	47.28	46.90	183	09/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
100 Backstroke	1:35.26	1:34.40	217	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
200 Individual Medley	2:58.36	2:56.10	353	08/07/17	City of Bristol Summer Festival	Bristol	SW171112	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.32	33.00	357	22/06/21	Windsor	Eton College	LEX2358	0
100 Freestyle	1:14.66	1:15.80	304	16/06/21	Windsor	Heathfield School	LEX1913	0
200 Freestyle	2:38.03	2:40.20	340	10/06/21	Windsor	Heathfield	LEX1667	0
400 Freestyle	5:30.27	5:34.50	343	27/05/21	Windsor	Heathfield School	LEX1344	0
800 Freestyle	12:54.36	13:01.80	234	24/09/17	Windsor L4 Club Championships 2017	Maidenhead	SE171528	4
50 Breaststroke	37.62	38.40	428	22/06/21	Windsor	Eton College	LEX2358	0
100 Breaststroke	1:26.00	1:27.50	381	17/06/21	Windsor	Heathfield School	LEX2026	0
200 Breaststroke	3:06.78	3:09.60	373	16/06/21	Windsor	Heathfield School	LEX1913	0
50 Butterfly	34.09	34.60	365	10/06/21	Windsor	Heathfield	LEX1669	0
100 Butterfly	1:22.98	1:23.90	276	10/06/21	Windsor	Heathfield	LEX1667	0
200 Butterfly	3:18.97	3:20.60	217	17/06/21	Windsor	Heathfield School	LEX2026	0
50 Backstroke	37.67	38.20	301	27/05/21	Windsor	Heathfield School	LEX1344	0
100 Backstroke	1:26.37	1:27.30	256	17/06/21	Windsor	Heathfield School	LEX2026	0
200 Backstroke	3:02.91	3:04.70	274	16/06/21	Windsor	Heathfield School	LEX1913	0
200 Individual Medley	2:51.00	2:53.30	361	22/06/21	Windsor	Eton College	LEX2358	0
400 Individual Medley	6:22.54	6:27.10	310	03/12/17	Windsor L3 County Chaser Meet	Maidenhead	SE171777	3
100 Individual Medley	1:18.53	1:18.50	372	27/05/21	Windsor	Heathfield School	LEX1344	0