

Individual Best Times (All Time)

Evie Lyons - (1171684) - Hemel Hempstead SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	40.97	40.50	191	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
50 Breaststroke	52.27	51.70	173	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	39.44	40.00	196	12/06/16	Hemel Hempstead Club Championships	Hemel Hempstead	ER161250	4
100 Freestyle	1:28.78	1:29.70	181	12/06/16	Hemel Hempstead Club Championships	Hemel Hempstead	ER161250	4
400 Freestyle	7:20.93	7:24.10	144	23/09/15	Hemel Hempstead SC Club Championships	Hemel Hempstead	ER151875	4
50 Breaststroke	49.15	49.80	192	21/05/16	Hemel Hempstead 5th Spring Development Meet	Hemel Hempstead	ER160839	3
100 Breaststroke	1:48.01	1:49.20	192	15/10/16	Hemel Hempstead 103rd Birthday Open	Hertfordshire	ER161842	3
200 Breaststroke	3:55.23	3:57.50	187	26/06/16	Hemel Hempstead Club Championships	Hemel Hempstead	ER161252	4
50 Butterfly	57.22	57.60	77	16/05/15	Hemel Hempstead 4th Spring Development Meet	Hemel Hempstead	ER150118	3
50 Backstroke	44.08	44.50	187	15/10/16	Hemel Hempstead 103rd Birthday Open	Hertfordshire	ER161842	3
100 Backstroke	1:36.55	1:37.40	183	21/05/16	Hemel Hempstead 5th Spring Development Meet	Hemel Hempstead	ER160839	3
100 Individual Medley	1:37.64	1:37.60	193	22/05/16	Hemel Hempstead 5th Spring Development Meet	Hemel Hempstead	ER160839	3