Individual Best Times (All Time)

Danny Garwood - (1170520) - City of Cardiff

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	40.77	40.30	134	20/09/14	City of Cardiff Club Championships	Cardiff	WAL590	4
100 Freestyle	1:36.62	1:35.70	114	21/09/14	City of Cardiff Club Championships	Cardiff	WAL592	4
50 Breaststroke	1:00.65	1:00.10	78	12/07/14	Cardiff Bay Sprint Meet 2014	Cardiff	WAL582	1
100 Breaststroke	2:16.12	2:15.20	72	28/09/13	City of Cardiff Club Championships	Cardiff	WAL517	4
50 Butterfly	55.46	55.10	64	12/07/14	Cardiff Bay Sprint Meet 2014	Cardiff	WAL582	1
50 Backstroke	51.65	51.30	94	21/09/14	City of Cardiff Club Championships	Cardiff	WAL592	4
100 Backstroke	1:51.59	1:50.90	98	20/09/14	City of Cardiff Club Championships	Cardiff	WAL590	4
200 Individual Medley	4:09.10	4:07.50	95	21/09/14	City of Cardiff Club Championships	Cardiff	WAL592	4

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	42.88	43.40	103	25/10/14	Greater Gwent Development Meet	Newport	WAL604	4
50 Breaststroke	1:02.48	1:03.00	63	25/10/14	Greater Gwent Development Meet	Newport	WAL604	4
50 Butterfly	1:04.90	1:05.20	37	25/10/14	Greater Gwent Development Meet	Newport	WAL604	4
50 Backstroke	51.14	51.50	80	25/10/14	Greater Gwent Development Meet	Newport	WAL604	4
100 Individual Medley	1:54.06	1:54.10	80	17/05/14	Swim Wales South East Region Junior Development	Newport	WAL569	4