

Individual Best Times (All Time)

Natasha-Lin Low - (1170006) - Mount Kelly Swimming

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|--|-----------|---------|-------|
| 50 Freestyle | 30.49 | 29.80 | 464 | 29/03/14 | City of Sheffield SS Premier Open Meet | Sheffield | NE4316 | 1 |
| 200 Freestyle | 2:26.38 | 2:24.00 | 458 | 12/07/14 | The Plymouth Summer Level 3 Long Course Meet | Plymouth | SW4772 | 3 |
| 50 Breaststroke | 35.50 | 34.60 | 554 | 17/01/14 | Geneva International Meet 2014 | Geneva | GB4008 | 1 |
| 100 Breaststroke | 1:18.34 | 1:16.70 | 548 | 29/03/14 | City of Sheffield SS Premier Open Meet | Sheffield | NE4316 | 1 |
| 200 Breaststroke | 2:50.60 | 2:47.50 | 524 | 29/03/14 | City of Sheffield SS Premier Open Meet | Sheffield | NE4316 | 1 |
| 200 Individual Medley | 2:39.99 | 2:37.50 | 489 | 03/05/14 | BG ASA SWR Youth Championships 2014 | Plymouth | SWR403 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|--|----------|---------|-------|
| 50 Freestyle | 30.12 | 30.80 | 441 | 20/02/14 | Devon County Championships | Plymouth | CC4030 | 2 |
| 100 Freestyle | 1:04.13 | 1:05.40 | 481 | 05/10/13 | City of Plymouth Annual Swim Meet | Plymouth | SW3733 | 3 |
| 200 Freestyle | 2:18.84 | 2:21.30 | 501 | 01/03/14 | Devon County ASA 2014 Age Group Champs | Plymouth | CC4029 | 2 |
| 50 Breaststroke | 34.22 | 35.10 | 569 | 01/03/14 | Devon County ASA 2014 Age Group Champs | Plymouth | CC4029 | 2 |
| 100 Breaststroke | 1:14.43 | 1:16.10 | 588 | 07/10/13 | City of Plymouth Annual Swim Meet | Plymouth | SW3733 | 3 |
| 200 Breaststroke | 2:43.47 | 2:46.70 | 557 | 05/10/13 | City of Plymouth Annual Swim Meet | Plymouth | SW3733 | 3 |
| 200 Individual Medley | 2:34.35 | 2:36.90 | 492 | 02/03/14 | Devon County ASA 2014 Age Group Champs | Plymouth | CC4029 | 2 |
| 100 Individual Medley | 1:10.94 | 1:10.90 | 505 | 19/02/14 | Devon County Championships | Plymouth | CC4030 | 2 |