

# Individual Best Times (All Time)

James Irvine - (1169725) - Watford SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.37	28.10	399	15/06/19	Stevenage Summer Sprint 2019	Stevenage	ER190364	3
100 Freestyle	59.10	1:00.50	436	15/06/19	Stevenage Summer Sprint 2019	Stevenage	ER190364	3
200 Freestyle	2:13.03	2:15.60	416	17/06/17	The Terry Davies Alternative Nationals	Watford	ER170876	3
400 Freestyle	4:38.71	4:43.70	441	18/03/17	Watford Regional Qualifier	Watford	ER170103	3
1500 Freestyle	19:08.12	19:26.00	401	22/11/17	Watford & Hemel Hempstead Joint Club Champs	Garston	ER171355	3
50 Breaststroke	38.03	38.80	282	26/11/17	Watford November 2017 County Qualifier	Garston	ER171250	3
100 Breaststroke	1:21.67	1:23.20	310	18/03/17	Watford Regional Qualifier	Watford	ER170103	3
200 Breaststroke	2:59.44	3:02.40	300	30/11/16	Watford 200 Club Champs	Watford	ER162422	4
50 Butterfly	30.18	30.80	374	15/06/19	Stevenage Summer Sprint 2019	Stevenage	ER190364	3
100 Butterfly	1:10.14	1:11.20	316	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Borehamwood	ER172125	3
200 Butterfly	3:20.03	3:21.60	152	04/07/15	Watford Club Championships 2015	Watford	ER151202	4
50 Backstroke	30.36	31.00	386	15/06/19	Stevenage Summer Sprint 2019	Stevenage	ER190364	3
100 Backstroke	1:09.62	1:10.80	334	14/10/17	NASL - London Rounds 2017 - Division 1 & 2	Watford	ER172121	3
200 Backstroke	2:31.79	2:34.00	337	18/10/17	Watford Club Championships 2017	Woodside LC	ER172216	4
200 Individual Medley	2:30.96	2:33.50	383	19/03/17	Watford Regional Qualifier	Watford	ER170103	3
400 Individual Medley	5:22.01	5:27.40	387	19/03/17	Watford Regional Qualifier	Watford	ER170103	3
100 Individual Medley	1:08.80	1:08.80	367	15/06/19	Stevenage Summer Sprint 2019	Stevenage	ER190364	3