

Individual Best Times (All Time)

Casey White - (1168425) - Nuneaton & Bedworth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.18	30.50	434	09/02/20	Warwickshire ASA Chanlpionships	Coventry	WM200116	1
100 Freestyle	1:05.26	1:04.00	497	25/01/20	Warwickshire ASA Chanlpionships	Coventry	WM200115	1
200 Freestyle	2:23.73	2:21.30	484	26/01/20	Warwickshire ASA Chanlpionships	Coventry	WM200115	1
400 Freestyle	5:13.75	5:09.20	422	10/02/19	Warwickshire ASA Swimming Championships 2019	Coventry	WM190009	1
50 Breaststroke	40.78	40.00	365	26/01/20	Warwickshire ASA Chanlpionships	Coventry	WM200115	1
100 Breaststroke	1:28.04	1:26.60	386	08/02/20	Warwickshire ASA Chanlpionships	Coventry	WM200116	1
200 Breaststroke	3:19.63	3:17.00	327	26/01/19	Warwickshire ASA Swimming Championships 2019	Coventry	WM190008	1
50 Butterfly	34.58	34.00	352	08/02/20	Warwickshire ASA Chanlpionships	Coventry	WM200116	1
100 Butterfly	1:22.30	1:21.40	306	10/02/19	Warwickshire ASA Swimming Championships 2019	Coventry	WM190009	1
200 Butterfly	3:22.32	3:20.70	218	11/02/18	Warwickshire ASA Swimming Championships 2018	Coventry	WM180009	1
50 Backstroke	39.13	38.60	323	26/01/19	Warwickshire ASA Swimming Championships 2019	Coventry	WM190008	1
100 Backstroke	1:24.90	1:23.90	307	08/07/18	Graham Sykes Memorial Gala	Coventry	WM180363	3
200 Backstroke	2:51.53	2:49.60	369	10/02/19	Warwickshire ASA Swimming Championships 2019	Coventry	WM190009	1
200 Individual Medley	2:43.26	2:40.80	461	08/02/20	Warwickshire ASA Chanlpionships	Coventry	WM200116	1
400 Individual Medley	5:52.86	5:47.80	427	25/01/20	Warwickshire ASA Chanlpionships	Coventry	WM200115	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.05	30.70	444	15/03/20	Nuneaton & Bedworth Delia Reynolds Open Meet	Pingles LC	WM200389	3
100 Freestyle	1:03.69	1:05.00	491	28/09/19	Nuneaton & Bedworth Swimming Club Championships	Nuneaton	WM191355	4
200 Freestyle	2:18.21	2:20.70	508	28/09/19	Nuneaton & Bedworth Swimming Club Championships	Nuneaton	WM191355	4
400 Freestyle	5:00.60	5:05.20	455	01/12/19	Nuneaton & Bedworth Winter Open Meet	Nuneaton	WM190022	3
800 Freestyle	10:43.29	10:52.20	408	14/10/18	Coventry & District Primary Galas 2018	Nuneaton	WM181695	3
50 Breaststroke	38.74	39.50	392	19/06/21	Time Trials	Nuneaton	WM210026	4
100 Breaststroke	1:24.03	1:25.50	408	15/03/20	Nuneaton & Bedworth Delia Reynolds Open Meet	Pingles LC	WM200389	3
200 Breaststroke	3:03.85	3:06.70	392	22/06/19	Nuneaton & Bedworth End of Season	Nuneaton	WM191242	3
50 Butterfly	34.13	34.70	364	13/10/19	Coventry & District Primary Galas 2019	Nuneaton	WM192412	3
100 Butterfly	1:14.71	1:15.70	378	29/09/19	Nuneaton & Bedworth Swimming Club Championships	Nuneaton	WM191355	4
200 Butterfly	3:06.81	3:08.50	262	19/05/18	Coventry and District ASC Secondary Galas	Pingles LC	WM180739	3
50 Backstroke	36.90	37.40	320	20/06/21	Time Trials	Nuneaton	WM210026	4
100 Backstroke	1:16.04	1:17.10	376	29/09/19	Nuneaton & Bedworth Swimming Club Championships	Nuneaton	WM191355	4
200 Backstroke	2:45.87	2:47.90	368	19/05/19	Coventry and District ASC Secondary Galas	Nuneaton	WM191195	3
200 Individual Medley	2:38.87	2:41.30	451	15/03/20	Nuneaton & Bedworth Delia Reynolds Open Meet	Pingles LC	WM200389	3
400 Individual Medley	5:41.13	5:46.20	437	06/10/19	Coventry & District Primary Galas 2019	Nuneaton	WM192411	3
100 Individual Medley	1:14.03	1:14.00	444	13/10/19	Coventry & District Primary Galas 2019	Nuneaton	WM192412	3