

Individual Best Times (All Time)

Francesca Neal - (1168255) - Beau Sejour Barracuda SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	42.41	42.90	158	23/11/14	Guernsey Island Championships	Guernsey	SE14543	3
100 Freestyle	1:43.65	1:44.50	113	20/09/14	Specsavers GASA 100m	Guernsey	SE14260	4
200 Freestyle	3:23.07	3:24.80	160	22/11/14	Guernsey Island Championships	Guernsey	SE14543	3
400 Freestyle	7:20.54	7:23.70	144	21/11/14	Guernsey Island Championships	Guernsey	SE14543	3
50 Breaststroke	57.17	57.70	122	22/11/14	Guernsey Island Championships	Guernsey	SE14543	3
100 Breaststroke	2:05.20	2:06.20	123	20/09/14	Specsavers GASA 100m	Guernsey	SE14260	4
200 Breaststroke	4:17.34	4:19.40	142	07/10/14	Beau Sejour Barracudas Specsavers Series	Guernsey	SE4200	4
50 Butterfly	58.91	59.20	70	25/10/14	Walkers Tigers 33rd Autumn Open Meet	Jersey	SE4529	3
50 Backstroke	47.82	48.20	147	22/11/14	Guernsey Island Championships	Guernsey	SE14543	3
100 Backstroke	1:41.31	1:42.10	159	23/11/14	Guernsey Island Championships	Guernsey	SE14543	3
200 Backstroke	3:52.94	3:54.40	133	10/09/14	Beau Sejour Barracudas Specsavers Series	Guernsey	SE4200	4
200 Individual Medley	3:52.35	3:54.00	144	26/10/14	Walkers Tigers 33rd Autumn Open Meet	Jersey	SE4529	3
100 Individual Medley	1:50.13	1:50.10	135	17/09/14	Beau Sejour Barracudas Specsavers Series	Guernsey	SE4200	4